

Newsome Academy

Study Support Information Pack Academic Year 2022-2023

This pack aims to support students and families to ensure that they take full advantage of the resources we have on offer.

It gives the full range of information and materials that support your child's learning throughout the school year.



Success in studies doesn't just happen at school - it's a culture that happens through organisation and preparation.

This pack aims to support students and families to ensure that they take full advantage of our resources

- 1. Study Support Packages
 - a. Support Software
 - b. Revision Classes (Y11)
 - c. Home Learning
 - d. E-Learning
- 1. Assessment Schedules
- 2. Progress Meetings
- 3. Key Contacts





Study Support Packages



Learning needs to happen at home as well as school to instil independent learning in readiness for GCSE and beyond.

Newsome Learners should take full advantage of all the software packages available to them. Here is a guide to support learning outside of school hours.

Support Software for Newsome Learners

Each subject area uses additional software to support learning - this provides learning outside the classroom...

Subject-Specific Software Packages to Support Study English Maths Science **Century Tech** Educake (main) MathsWatch Mr Bruff's Video Guides **Century Tech** Century Tech (KS4) **Corbett Maths** Geography RF History GCSEPod GCSEPod Seneca Learning **GCSE** Bitesize GCSEPod Creative (CAPE) Languages Music Active Learn Music - BBC Bitesize BFI BandLab: Make Music iAchieve Languagenut . Online

Generic

- <u>Oak National Academy</u>
- <u>GCSEPod</u>
- BBC Bitesize

GCSE Exam Boards

It's vital that students know their exam board so they can access past papers and understand their courses.

- English: AQA
- Maths: (Higher AQA)
 & (Foundation OCR)
- Science: AQA
- Geography: AQA
- History: Edexcel
- RE: AQA
- French: Edexcel
- German: Edexcel
- Art & Design: AQA
- Digital IT: Pearson
- Music: Pearson
- Hospitality Pearson
- Performing Arts: Pearson
- Health & Fitness: NCFE
- Business: NCFE

Wellbeing Software for Newsome Learners

We have researched the best apps that students can download to support their wellbeing...



MINDSHIFT

MindShift app is based on to help young adults cope with anxiety, by acting as a portable coach that guides users through challenging situations. Designed in collaboration with Anxiety Canada, this app teaches users how to relax and helps them identify active steps to directly face and take charge of their anxiety. The app provides a variety of methods for young people to respond to anxiety including; developing their knowledge of anxiety and symptoms, engaging in relaxation tasks, evaluating their level of anxiety in particular situations, developing realistic thinking patterns and changing behaviour. Specific tools help users tackle issues such as improving their sleep quality, dealing with perfectionism, and handling conflict. These tools address everyday situations that contribute to increased levels of anxiety to help users change their overall relationship with anxiety. The goal is to help young people learn and practice anxiety coping skills.

HEADSPACE

Headspace: Guided Meditations and Mindfulness takes a calm, relaxed approach to bringing calm relaxation into the lives of adults and kids. Headspace app, aims to keep children "calm and focused" through short meditation exercises. The app will help children fall asleep and wake up peacefully. It uses common meditation techniques like becoming aware of environmental sounds, breath awareness, breath counting, and more. Children can learn the basics of meditation and mindfulness. Children can follow the instructions and are reminded by the app to meditate each day. They can develop the habit of making time for personal growth and self-reflection in different situations, such as bedtime and waking up. It is also being used by mental health professionals and licensed therapists in medical sector.



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MOODPATH

Moodpath is an interactive depression and anxiety screening program. This app tracks psychological, emotional and physical health over a two-week period in order to generate a personalised mental health assessment that users can discuss with their doctor or counsellor. The app also contains an educational component to teach users about the psychology behind their mood, signs of depression, and psychotherapy. It's one of the best apps that help youth and young adults with mental health struggles that include CBT and wellness.

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SMILING MIND

Smiling Mind is designed to help people pressure, stress, and challenges of daily life. This app has a fantastic section on Mindfulness in the Classroom. An especially good choice for the younger users out there, as it was created specifically with students in mind. Smiling Mind offers programs for a variety of age groups, including 7-9, 10-12, 13-15, 16-18 and adults. The app has an easy-to-use interface for keeping track of your progress over time, both in terms of how many sessions you complete and how your emotions change.

Period 6 Revision Sessions for Year 11 Students

- Teachers give up their own time to deliver additional lessons in preparation for exams and it's vital that your child takes advantage of these opportunities.
- Unless reasons are given in advance, ALL students are expected to attend. Those students who cannot attend should be in close contact with their teachers, so they know that students are taking ownership, responsibility and care for their learning.
- A text will be sent should a session ever have to be cancelled.
- Sessions run from 15:10 until 16:00.

Monday	Tuesday	Wednesday	Thursday	Friday
Humanities English Maths	Invite Only	English/Maths	Science/MFL	CAPE

• Students who are unwilling to attend without good reason will be deemed as not engaging with their studies. We welcome home support in these circumstances.



E-Learning For students working from home



Learning must continue when students are out of school - whether that be due to pandemics or exclusion.

Learners should use our online platform and additional information to ensure no lost learning.

Home study assignments will be posted on Microsoft Teams.

Students can login with their school email and password (n####@newsomeacademy.co.uk)

They can connect with their class where their assignments will be posted along with helpful resources.

Please watch these demos to get started:

- 1. Installing Teams click here
- 2. Navigating Teams click here
- 3. Completing Assignments click here





Success in studies doesn't just happen at school - it's a culture that happens through organisation and preparation.

Newsome Learners should prepare for their assessments and think of them as the real thing. Here is this year's schedule of when they take place.



Assessment Schedules

Assessment Overview for all year groups

KS3 Assessments (Year 7 – 9)

- Students will be assessed at the end of each unit of study (every 6 10 weeks)
- Assessments will be based on the learning objectives for each subject listed in the Knowledge Organiser
- The end of year assessment will be based on the cumulative knowledge of all units studied
- Reports will be sent home every term (see dates below)
- The reports will show progress against each of the learning objectives, attitude to learning and independent study

KS4 Assessments - Year 10

- Students will be assessed at the end of each unit of study (every 6 10 weeks)
- Assessments will be based on the learning objectives linked to the exam specification
- The end of year exams will be held in the hall in mock exam conditions
- Reports will be sent home every term (see dates below)
- The reports will show the predicted final grade, attitude to learning and independent study

KS4 Assessments - Year 11

- Students will be regularly assessed through practice exam questions and papers
- There are 2 sets of mock exams. The first will inform the grades sent in support of college applications

Progress One Reports		Progress Two Reports		Progress Three Reports	
12 December 2022		27 March 2023		14 July 2023	
Year 11 Mock Exams	Year 11 Mock Exams		Year 11 SUMMER EXAMS		End of Year Exams (Y7-10)
5 Dec – 16 Dec 2022	20 March – 31 March 2023		15 May – 21 June 2023		26 June – 7 July 2023



Progress Meetings



It's vital to keep updated on your child's progress and involved in their schooling. It's also important for form positive relationships with your child's teachers to ensure a united front towards their education and progress.

Families should ensure they attend meetings throughout the year.

Progress Meeting Overview

Year 7	Year 8	Year 9	Year 10	Year 11
Meet the Team leader – 6th October 2022 Year 7 Parents' Meeting – 16th May 2023	Year 8 Parents' Meeting – 2nd May 2023	Year 9 Parents' Meeting – 7th March 2023 Year 9 Options Evening – Y9/10 Careers & Post-16 Event – 29th June 2023	Year 10 Parents' Meeting – 7th February 2023 Y9/10 Careers & Post-16 Event – 29th June 2023	Year 11 Progress & Post- 16 Evening - 9th November 2023 Year 11 Parents' Meeting – 24th January 2023





Positive and close relationships between school & home is key.

Families should know and use key staff contact to support their specific need ensuring the right people in school are supporting.

Academic Contacts	Pastoral Contacts
 Study & Subject-Specific Mrs L Morgan: Deputy Headteacher Achievement Mr J Jesson: Assistant Headteacher Achievement Miss C Moulavasili: Head of Maths and Computing Mrs S Berry: Head of English Mr A Frisby: Head of Science Mrs R Fox: Head of Languages 	 Behaviour & Pastoral Mr M Mitchell: Assistant Headteacher for PDBA Miss E Carter: Behaviour for Learning Coordinator (Year 7) Miss H Sykes: Behaviour for Learning Coordinator (Year 8) Mr J Darlington: Behaviour for Learning Coordinator (Year 9) Mr A Northin: Behaviour for Learning Coordinator Year 10) Mr O Sinclair: Behaviour for Learning Coordinator (Year 11)
 Mr T Carr: Head of Humanities Miss E Cole: Head of Performing & Visual Arts (Music, Dance, Drama, Technology & PE) 	 Safeguarding & Special Educational Needs Mr J Hinchliffe: Deputy Headteacher and Designated Safeguarding Lead
 General Administration Issues Miss Y Ainley: Headteacher's PA 	 Mrs A Hall: SENDCO Mrs G Wood: Deputy Safeguarding Lead & School Counsellor Mrs J Robinson: Deputy Safeguarding Lead and Pastoral
Please note that the Headteacher's email will not be used for general issues and families should go through the contact above for swift and accurate action.	Standards Manager

All staff can be contacted using the following structure below:

- FirstinitialSurname@newsomeacademy.co.uk
- E.g. smitchel@newsomeacademy.co.uk



Newsome Academy

