

# STUDY SUPPORT

## ACADEMIC YEAR 23/24

### RESOURCES & KEY INFORMATION FOR SUCCESS

*make every day count.*

- An overview of the 'above and beyond' support we offer for exceptional achievement. This pack should be a key feature of home discussion and offer guidance to families to support their child.



# GCSE COURSES

ALL Year 10/11 students should know what course they are studying – please keep pushing this at home. Ensure you use the online materials that are available to support your studies. Also use the next page to support your revision and studies.

Entry level maths	AQA	German	Pearson Edexcel
Entry level science	AQA	French	Pearson Edexcel
Step up to English	AQA	Arabic	Pearson Edexcel
Art and Design (Art, craft & design)	AQA	History	Pearson Edexcel
Art and Design (Photography)	AQA	Italian	Pearson Edexcel
Biology	AQA	Persian	Pearson Edexcel
Chemistry	AQA	Spanish	Pearson Edexcel
Combined Science Trilogy	AQA	Performing Arts (year 11)	WJEC
English Language	AQA	Digital Information Technology (year 11)	Pearson Edexcel
English Literature	AQA	Digital information Technology (year 10)	Pearson Edexcel
Geography	AQA	Music Practice (year 10)	Pearson Edexcel
Maths (Higher)	AQA	Performing Arts (year 10)	WJEC
Physics	AQA	Functional Skills English level 2	Pearson Edexcel
Religious Studies	AQA	Business and Enterprise	NCFE
Polish	AQA	Health and Fitness	NCFE
Maths (Foundation)	OCR	Food and Cookery	NCFE
Entry level Geography	OCR		



# Home Learning Support

- Here is a reminder about the resources that are on offer to you whilst learning at home.
- Students are lucky enough to get above and beyond that of most schools and it's important these are taken advantage of for success.

Key Stage 3	Key Stage 4
<ul style="list-style-type: none"><li>• <b>Knowledge Organisers</b> – broken down per each half term and contain content and questions to work from home on.</li><li>• <b>Homework Schedule</b> – to support time management at home and a guide for Teachers so work issuing is not given all in one go.</li></ul>	<ul style="list-style-type: none"><li>• <b>Exam Board Study</b> – the list on the next page offers guidance of the vast range of online resources such as past papers etc. This should be used as a guide.</li><li>• <b>Revision Guides</b> – ALL students have been given FREE guides which they should have at home. There's no excuses for loss</li></ul>
<ul style="list-style-type: none"><li>• Support Software links.</li><li>• Wellbeing links and advice.</li><li>• Independent Study.</li></ul>	



# ONLINE LINKS & SOFTWARE

- Each subject area uses additional software to support learning - this provides learning outside the classroom...

## Subject-Specific Software Packages to Support Study

<b>English</b> <ul style="list-style-type: none"><li>• <a href="#">Century Tech</a></li><li>• <a href="#">Mr Bruff's Video Guides (KS4)</a></li></ul>	<b>Maths</b> <ul style="list-style-type: none"><li>• <a href="#">MathsWatch</a></li><li>• <a href="#">Century Tech</a></li><li>• <a href="#">Corbett Maths</a></li></ul>	<b>Science</b> <ul style="list-style-type: none"><li>• <a href="#">Educake</a> (main)</li><li>• <a href="#">Century Tech</a></li></ul>
<b>Geography</b> <ul style="list-style-type: none"><li>• <a href="#">GCSEPod</a></li></ul>	<b>History</b> <ul style="list-style-type: none"><li>• <a href="#">GCSEPod</a></li></ul>	<b>RE</b> <ul style="list-style-type: none"><li>• <a href="#">Seneca Learning</a></li><li>• <a href="#">GCSE Bitesize</a></li><li>• <a href="#">GCSEPod</a></li></ul>
<b>Languages</b> <ul style="list-style-type: none"><li>• <a href="#">Active Learn</a></li><li>• <a href="#">Languagenut</a></li></ul>	<b>Music</b> <ul style="list-style-type: none"><li>• <a href="#">Music - BBC Bitesize</a></li><li>• <a href="#">BandLab: Make Music Online</a></li></ul>	<b>Creative (CAPE)</b> <ul style="list-style-type: none"><li>• <a href="#">BFI</a></li><li>• <a href="#">iAchieve</a></li></ul>
<b>Generic</b> <ul style="list-style-type: none"><li>• <a href="#">Oak National Academy</a></li><li>• <a href="#">GCSEPod</a></li><li>• <a href="#">BBC Bitesize</a></li></ul>		



# WELLBEING SUPPORT PACKAGES & APPS

We have researched the best apps that students can download to support their wellbeing...



## MINDSHIFT

**MindShift** app is based on to help young adults cope with anxiety, by acting as a portable coach that guides users through challenging situations. Designed in collaboration with Anxiety Canada, this app teaches users how to relax and helps them identify active steps to directly face and take charge of their anxiety. The app provides a variety of methods for young people to respond to anxiety including; developing their knowledge of anxiety and symptoms, engaging in relaxation tasks, evaluating their level of anxiety in particular situations, developing realistic thinking patterns and changing behaviour.

Specific tools help users tackle issues such as improving their sleep quality, dealing with perfectionism, and handling conflict. These tools address everyday situations that contribute to increased levels of anxiety to help users change their overall relationship with anxiety. The goal is to help young people learn and practice anxiety coping skills.



## HEADSPACE

**Headspace:** Guided Meditations and Mindfulness takes a calm, relaxed approach to bringing calm relaxation into the lives of adults and kids. Headspace app, aims to keep children “calm and focused” through short meditation exercises. The app will help children fall asleep and wake up peacefully. It uses common meditation techniques like becoming aware of environmental sounds, breath awareness, breath counting, and more. Children can learn the basics of meditation and mindfulness. Children can follow the instructions and are reminded by the app to meditate each day. They can develop the habit of making time for personal growth and self-reflection in different situations, such as bedtime and waking up. It is also being used by mental health professionals and licensed therapists in medical sector.



## MOODPATH

**Moodpath** is an interactive depression and anxiety screening program. This app tracks psychological, emotional and physical health over a two-week period in order to generate a personalised mental health assessment that users can discuss with their doctor or counsellor. The app also contains an educational component to teach users about the psychology behind their mood, signs of depression, and psychotherapy. It's one of the best apps that help youth and young adults with mental health struggles that include CBT and wellness.



## SMILING MIND

**Smiling Mind** is designed to help people pressure, stress, and challenges of daily life. This app has a fantastic section on Mindfulness in the Classroom. An especially good choice for the younger users out there, as it was created specifically with students in mind. Smiling Mind offers programs for a variety of age groups, including 7-9, 10-12, 13-15, 16-18 and adults. The app has an easy-to-use interface for keeping track of your progress over time, both in terms of how many sessions you complete and how your emotions change.



# EXTRA-CURRICULAR ACTIVITIES: AUTUMN TERM 23/24 (3PM-4PM)



Day	CLUB	Location	Staff Lead
<b>MONDAY</b>	<ul style="list-style-type: none"> <li>• Netball Y7 – Y10</li> <li>• Fitness Y7/8</li> <li>• Homework Club – All years</li> <li>• Music Club</li> <li>• TLC time</li> <li>• KS3 Girls scooters (12.30-1.00)</li> <li>• Cooking Club</li> </ul>	<ul style="list-style-type: none"> <li>• Sports Hall/Top Astro</li> <li>• Fitness Suite</li> <li>• 606</li> <li>• 401</li> <li>• TLC</li> <li>• Sports Hall</li> <li>• 602</li> </ul>	CPA/MHO GEA/JDA MYA RHA SEND LST DF
<b>TUESDAY</b>	<ul style="list-style-type: none"> <li>• Wheelchair Basketball Club (by invitation only)</li> </ul>	<ul style="list-style-type: none"> <li>• Sports Hall</li> </ul>	LST / SCU
<b>WEDNESDAY</b>	<ul style="list-style-type: none"> <li>• Homework Club</li> <li>• Drama Club</li> <li>• TLC time</li> <li>• EAL / culture club</li> <li>• Programming Club</li> <li>• Dance Club</li> <li>• Girls Football</li> <li>• British Sign Language</li> <li>• Basketball</li> </ul>	<ul style="list-style-type: none"> <li>• 606</li> <li>• Lecture Theatre</li> <li>• TLC</li> <li>• EAL / 408</li> <li>• 608</li> <li>• Dance Studio</li> <li>• Field</li> <li>• PI Base</li> <li>• Sports Hall</li> </ul>	DF DT SEND SMU / TA AAH SMT External DC JDA
<b>THURSDAY</b>	<ul style="list-style-type: none"> <li>• GCSE Art catch up Yr10</li> <li>• Drama GCSE</li> <li>• Craft club</li> <li>• Choir Club</li> <li>• Homework Club</li> <li>• Fitness Y9/10</li> <li>• Chess Club</li> <li>• Algebra Level 3 Club (invitation only)</li> </ul>	<ul style="list-style-type: none"> <li>• 601</li> <li>• Lecture Theatre</li> <li>• 202</li> <li>• 401</li> <li>• 606</li> <li>• Fitness Suite</li> <li>• Library</li> <li>• 407</li> </ul>	NPR DT CRI ECO MYA DHO/JDA/GEA DHA MAS
<b>FRIDAY</b>	<ul style="list-style-type: none"> <li>• Art &amp; DT Catch up KS3 &amp; KS4</li> </ul>	<ul style="list-style-type: none"> <li>• 609</li> </ul>	DB (Diane Barker)



**Studying at  
Home to ensure  
improved life  
chances...**



**We have listened to your and your children's feedback regarding homework and as a result we have made some changes to our independent study expectations. We hope this will mean that the routine is clearer and simpler for all students and families to access while still ensuring all home study is effective in promoting progress.**

**Independent study is an integral part of learning for students to achieve the best possible outcomes. Not only is it important for students to get used to working at home so that they are able to prepare for the study skills necessary for their exams, but it is also a key skill required to cope with professional demands in many careers and industries.**

Independent learning will always link to the curriculum studied in school with opportunities to consolidate and practise learning. We believe that this should not place an unnecessary burden on children or parents and carers.

To support this, Key Stage 3 homework will be linked to the key learning objectives in students' Knowledge Organisers so parents and carers have a clear overview of what is being practised. The additional resources section also has a variety of activities to further practise the knowledge and skills as required.

We hope you have seen that your child has already been bringing home a Knowledge Organiser each half-term.

Here, you will find the learning objectives for each half-term in each subject. These objectives will be assessed at the end of each sequence of learning to monitor progress and ensure students know their areas of development and next steps. Each subject will outline:

- **Key Vocabulary:** subject specific terms and definitions.
- **Key Concepts:** the core knowledge to be learnt and committed to memory.
- **Retrieval Practice:** questions and example answers to test and check knowledge through memory recall.
- **Career Focus:** potential careers and industries linked to the knowledge and skills studied.
  
- **Challenge Activities:** additional activities to further accelerate learning.
- **Topic Links:** other curriculum areas where this knowledge/skill supports learning.
- **Additional Resources:** support for embedding the key concepts independently.

Please see our website for access to the digital version of our Knowledge Organisers  
<https://newsomeacademy.co.uk/our-students/independent-study>

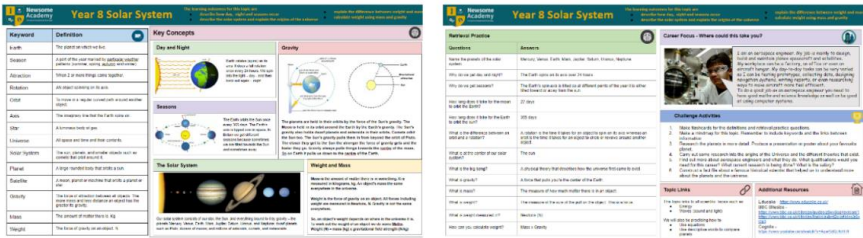


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Students will be expected to spend time learning the vocabulary and key concepts in their knowledge organiser and reading their accelerated reader book.

- Every student should spend **1hr per night** completing learning and reading assignments as below.
- Every student should spend **20mins reading** their book or Reading+ Text each night (Mon-Fri).
- Every student should spend **40mins learning** the assigned section of their knowledge organiser each night (Mon-Fri) as per the homework timetable below.
- Each subject will explain to students which section of the knowledge organiser to complete.
- Learning will be evidenced in the student's independent learning log
- This will be evidence of practice using – look, cover, say, write or other specified revision techniques to support memorisation such as labelling a diagram, completing a timeline etc.
- The learning will be assessed using low-stakes tests in class, e.g. vocabulary match-up, spelling test, labelling a diagram etc.
- Students can also access the additional learning and challenge activities listed in the knowledge organiser to further consolidate and embed their learning.
- Independent learning will be set as per the timetable below for each year group to ensure it is spread out across the week.
- Failure to complete homework to an acceptable standard will be recorded on Classcharts.

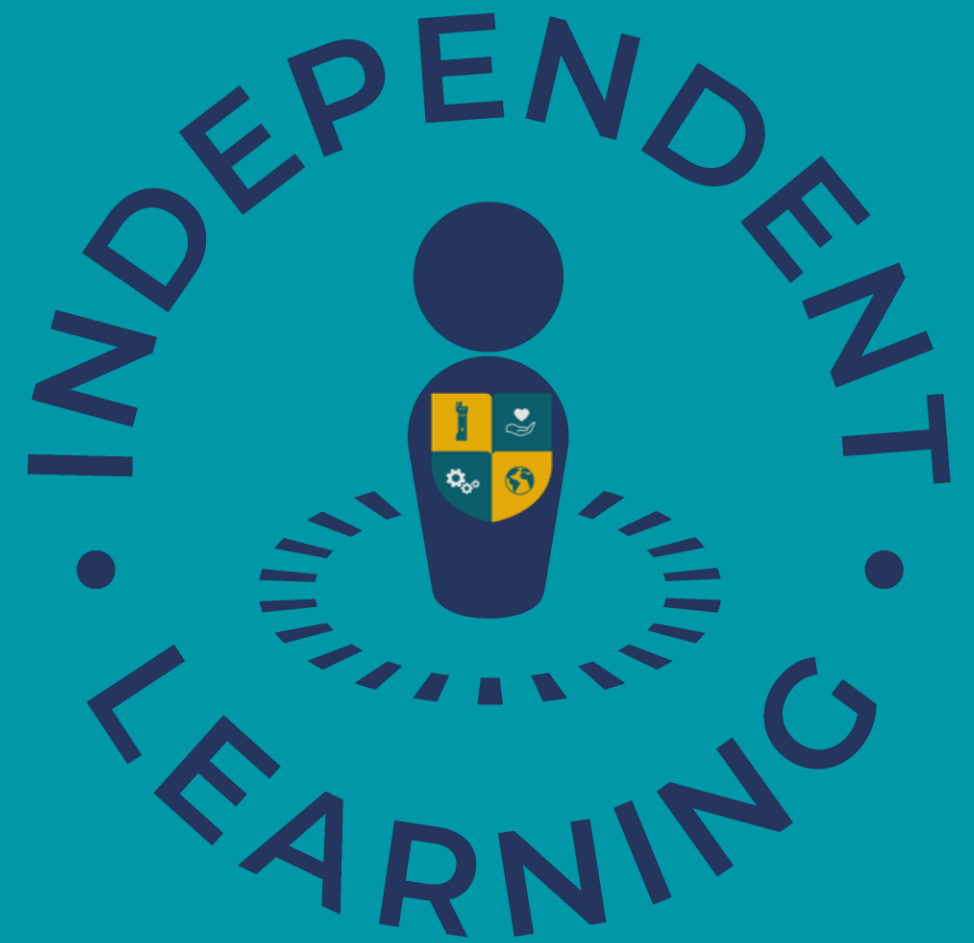


# Independent Learning Routine

## (Years 7 – 9)

Students will have homework set in Microsoft Teams. They can log in with their school email address and password (n####@newsomeacademy.co.uk). Here, they can connect with their class where their assignments will be posted along with helpful resources.

- Learning will be linked with exam preparation.
- Year 11s all receive a full set of revision guides to work through in addition to set homework.
- Please note the assessment calendar for the assessment and mock exams dates.



## **Independent Learning Routine**

**(Years 10 & 11)**



# Homework Calendar

- Independent learning will be set as per the timetable below for each year group to ensure it is spread out across the week.
- Failure to complete homework to an acceptable standard will be recorded on Classcharts.

	Monday	Tuesday	Wednesday	Thursday	Friday
Year 7	Maths	Science	French 7W/7O/7M	French 7N	English
					French 7E/7S
Year 8	Science	French		English	Maths
Year 9	French		English	Maths	Science
Year 10	Option Block A	English	Maths	Science	Option Block C
	Option Block D				Option Block B
Year 11	English	Maths	Science	Option Block C	Option Block A
				Option Block D	Option Block B



# Period 6 Timetable (Y11)

- All Year 11 students are expected to take advantage of the additional revision sessions put on for them.
- Staff give up their own time to do these and it is vital your child is attending and supported to attend.
- Those that do not attend or show commitment to their studies have this reflected in Attitude to Learning Grades (ATL) and in College references.

	<b>Week A (HODs Meeting)</b>	<b>Week B</b>
<b>Monday</b>	Algebra III & German	Science
<b>Tuesday</b>	CPD	
<b>Wednesday</b>	French	English
<b>Thursday</b>	Geography & History	Maths
<b>Friday</b>	VTC (Art, PE, Food)	VTC (Art, PA, IT, Music)