# **Year 9 – HT3**



# **Knowledge Organisers**

N	2	m	Δ	•
ΙV	а	111	C	•

Team:



# Mathematics

#### Our students will:

- become **fluent** in the fundamentals of mathematics, including through varied and frequent practice with increasingly complex problems over time, so that pupils develop conceptual understanding and the ability to recall and apply knowledge rapidly and accurately.
- reason mathematically by following a line of enquiry, conjecturing relationships and generalisations, and developing an argument, justification or proof using mathematical language
- > can **solve problems** by applying their mathematics to a variety of routine and non- routine problems with increasing sophistication, including breaking down problems into a series of simpler steps and persevering in seeking solutions.

## Academy Year 9 3D Shapes

The learning outcomes for this topic are: Be able to name 2D and 3D shapes.

- Be able to recognise and sketch nets.

Nets of cuboids

Be able to draw plans and elevations.

Visualise the folding

of the net

Will it make the

touching

Be able recognise prisms and find the surface area of cubes, cuboids and prisms.

#### What do I need to be able to do?

But he end of this unit you should be able to:

- Name 2D & 3D shapes
- Recognise Prisms
- Sketch and recognise nets
- Draw plans and elevations
- Find areas of 2D shapes
- Find Surface area for cubes, cuboids, triangular prisms and culinders
- Find the volume of 3D shapes

### !Keywords

20: two dimensions to the shape ear length and width

3D: three dimensions to the shape e.g. length, width and height I Vertex: a point where two or more line seaments meet

Edge a line on the boundary joining two vertex

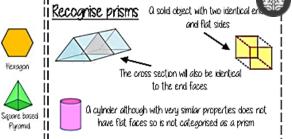
Face: a flat surface on a solid object

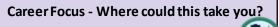
Cross-section: a view inside a solid shape made by cutting through it

Plan: a drawina of somethina when drawn from above (sometimes birds eue view)

Perspective: a way to give illustration of a 3D shape when drawn on a flat surface.

#### Name 2D & 3D shapes Paralelogram Rectangle Circle Square Tetrahedron Culmden Cone



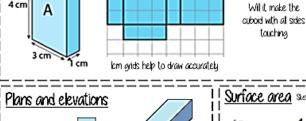


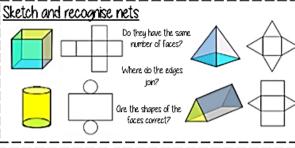


My job as an architect requires me to have a good understanding of 2D and 3D shapes as well as how to construct angles and other lines using loci.

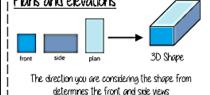
#### **Retrieval Practice**

- Write an expression that represents 5 more than a
- Show that  $\frac{3}{7}$  of 80 is equal to 120% of 50
- Solve 4x 9 = 23
- Share 720 g in the ratio 7:2





Volumes



Triangle

X x Base x Perpendicular height

Orea of a circle

 $\pi \times rodus^2$ 

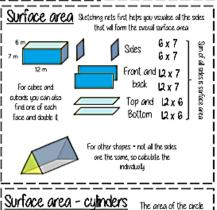
Orea of 2D shapes

Paralelogram/ Rhombus Base x Perpendicular height

Orea of a trapezium

(a+b)xh.

Base x Height



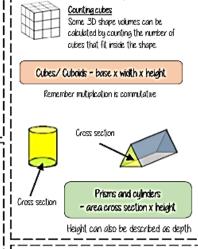
Circumference

 $2 \times \pi \times radius^2 + \pi \times diameter \times height.$ 

The wiath of this face is the

same as the circumference

π x diameter x height



Oreas — square units

Volumes — cube units

Volume is the 3D space it takes up — also

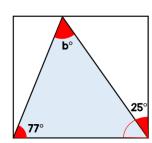
known as capacity if using liquids to fill the

Oreas and volumes can be

left in terms of pi  $\pi$ 



Find the size of angle b.



#### **Topic Links**

This topic links to:

2D shapes and Area

#### **Additional Resources**

To further practice and develop your knowledge see: https://corbettmaths.com/contents/ Number: 3-5



## Academy Year 9 Constructions and Congruency

The learning outcomes for this topic are:

Be able to identify and use congruence..

Make a mark at 35° with a percil

Ond join to the angle point (use a

Locus of a distance from a straiaht line

Be able to accurately use mathematical equipment to draw and measure angles, draw to scale and represent locii.

### What do I need to be able

#### By the end of this unit you should be able to:

- · Draw and measure angles
- Construct scale drawings Find locus of distance from points, lines, two
- Construct perpendiculars from points, lines, anales
- Identify congruence

to do?

Identify congruent triangles

#### Keywords

Protractor: piece of equipment used to measure and draw angles Locus: set of points with a common property

Equidistant: the same distance

Discorectanale: (a stadium) — a rectangle with semi circles at either end

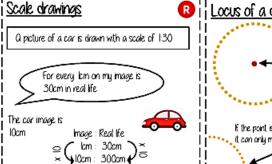
Perpendicular: Ines that meet at 90°

**Orc**: part of a curve

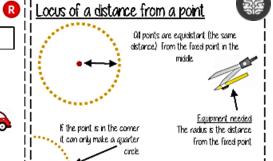
**Bisector**: a line that divides something into two equal parts

Congruent: the same shape and size

# Draw and measure anales Make sure the cross is at the end of the line (where you want the



Locus equidistant from two points



Construct a perpendicular from

a point

Use a compass and draw an

are that cuts the line. Use the

point to place the compass

Keep the compass the same

distance and now use upur

new points to make new

interconnecting arcs

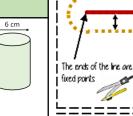
#### Career Focus - Where could this take you?



My iob as an architect requires me to have a good understanding of 2D and 3D shapes as well as how to construct angles and other lines using loci.

#### **Retrieval Practice**

- Find the volume of the cylinder in terms of  $\pi$ .
  - Find the surface area of the cylinder in terms of  $\pi$ .
- What is the mathematical name for this shape?
- Calculate  $\frac{2}{3} \times \frac{1}{3}$



10 cm

Locus of a distance from two lines Olso an angle bisector This cuts the anale in half

Constructing Triangles

Side, Onale, Onale

Side, Ongle, Side

Side, Side, Side

From the anale vertex draw two arcs that cut the lines forming the angle

Oll points are

equidistant (the same distance)

from Ine

Equipment needed

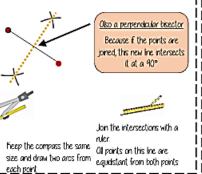
The line is straight so a ruler

is used for the straight lines

paralel to your original line

Keep the compass the same size and use the new arcs as centres to draw intersecting arcs in the middle

Join the vertex to the intersection



ûĈB ∙ KŴ L

Connecting the arcs makes the bisector!

If P is a point on the line the steps are the same

#### **Challenge Activities**



Marbles are put into bags of 10



- · 67 bags of marbles are packed.
- · 3 more marbles are added to each bag.

How many marbles are there in total now?

#### **Topic Links**

This topic links to:

Number: 66-67

Angles, perpendicular lines and using mathematical equipment.

#### **Additional Resources**

To further practice and develop your knowledge see: https://corbettmaths.com/contents/



!Congruent figures

Congruent figures are identical in size and shape — they can be reflections or rotations of each other

Congruent shapes are identical — all corresponding sides and anales are the same size



Because all the anales are the same and OC+KM BC+LM triangles OBC and KLM are congruent

#### I I all three sides on the triangle are the same size. Onale-side-anale

Congruent triangles

Side-side-side

Two angles and the side connecting them are equal in : two triangles

#### Side-anale-side

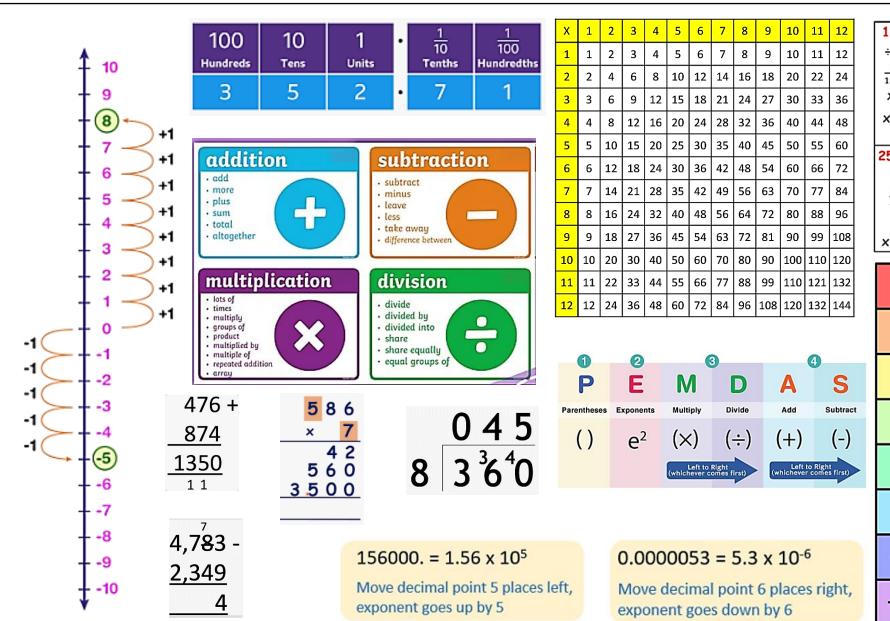
Two sides and the angle in-between them are equal in two triangles (it will also mean the third side is the same size on both shapes)

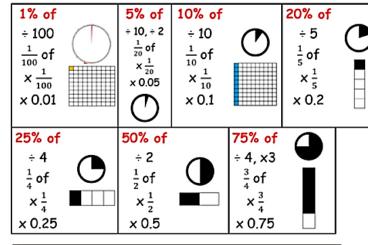
#### Right angle-hypotenuse-side

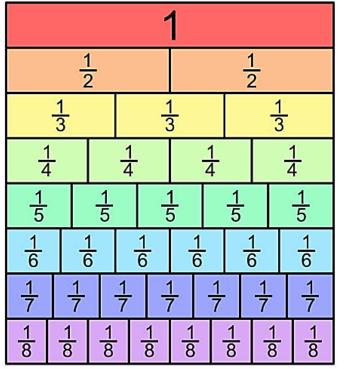
The triangles both have a right angle, the | | hupotenuse and one side are the same



## Maths: Quick Reference: Number Skills

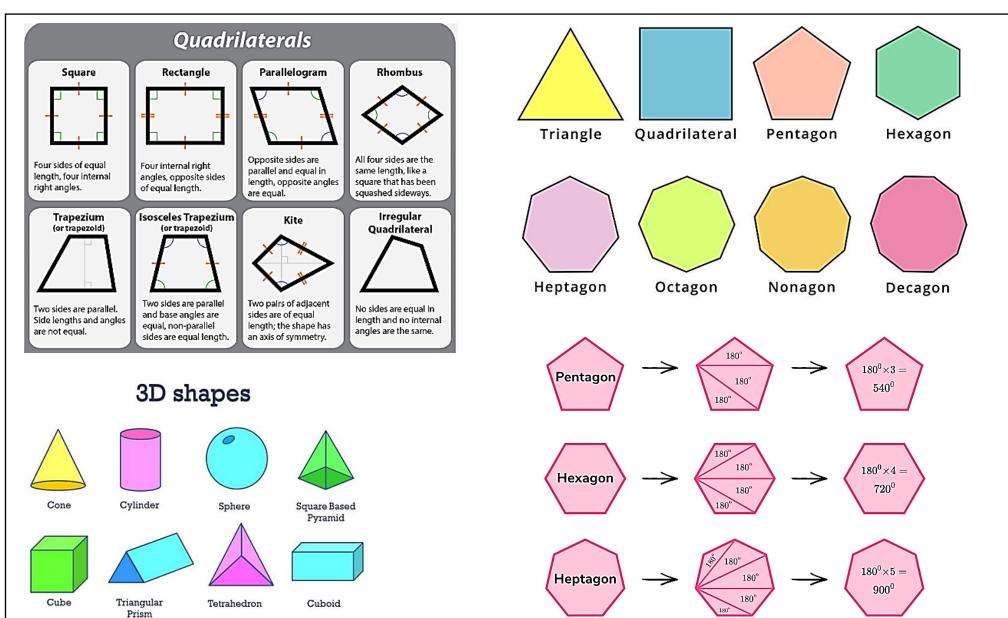


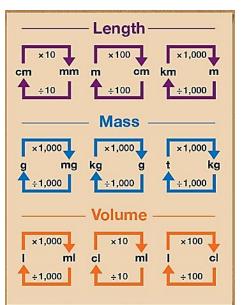






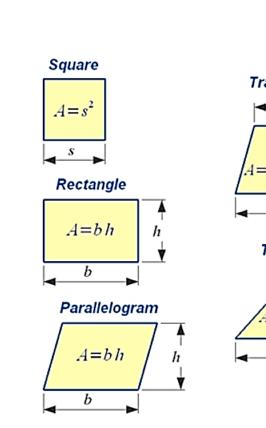
## Maths: Quick Reference: Geometry & Measures

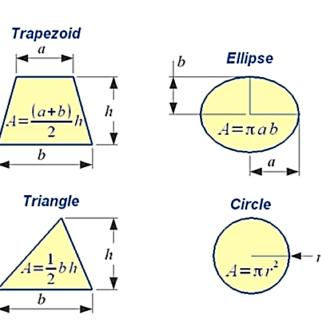






## Maths: Quick Reference: Geometry (Areas & Volumes)



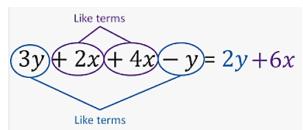


	Area and volume of 3d figures					
S.No	<u>Name</u>	Figure		Curved Surface Area	Total Surface Area	Volume
1)	<u>Cube</u>	a	a = side	4a²	6a <sup>2</sup>	a <sup>3</sup>
2)	<u>Cuboid</u>	h	l= length b = breadth h= height	2h( +b)	2(lb+ bh+ lh)	lxbxh
3)	<u>Sphere</u>		r = radius	4πτ²	<b>4</b> π r <sup>2</sup>	$\frac{4}{3}\pi$ r <sup>3</sup>
4)	Solid Hemisphere		r = radius	2πr²	3πr²	$\frac{2}{3}\pi r^3$
5)	<u>Right circular</u> <u>cylinder</u>		r = radius h = height	2πrh	2πr(h+r)	πr²h
6)	Right circular cone	h	r = radius h = height l= slant height	πrl	πr(l+r)	$\frac{1}{3}\pi r^2 h$
7)	Frustum of a cone	h	r = top radius R = base radius h = height l= slant height	πl( R + r )	$\pi I(R+r) + \pi r^2 + \pi R^2$	$\frac{1}{3}\pi h(R^2+r^2+Rr)$



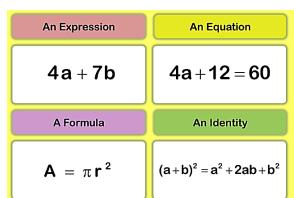
## Maths: Quick Reference: Algebra Skills

### **Simplifying Expressions**

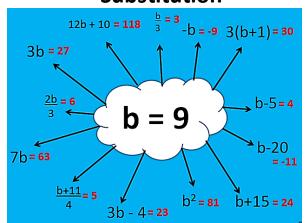


$$C \times C \times C \times C = C^4$$

$$C + C + C + C = 4C$$



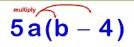
#### Substitution



#### **Expanding Brackets**



$$7x+14$$



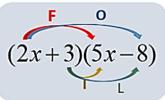
5ab - 20a

#### Expand & Simplify...

$$5(x+3)+6(x-4)$$
  
 $5x+15+6x-24$ 

11x - 9

#### **FOIL Method**



First:  $(2x)(5x) = 10x^2$ 

Outer: (2x)(-8) = -16x

Inner: (3)(5x) = 15x

Last: (3)(-8) = -24

$$(2x+3)(5x-8)$$
= 10x<sup>2</sup> - 16x + 15x - 24  
= 10x<sup>2</sup> - x - 24

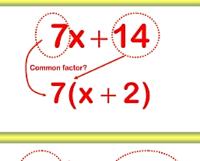
#### **Grid Method**

(2x+3)(5x-8)

(2x+3)(3x-8)					
	2 <i>x</i>	+ 3			
5x	10x <sup>2</sup>	+ 15x			
- 8	- 16x	- 24			

 $10x^2 + 15x - 16x - 24$  $= 10x^2 - x - 24$ 

### **Factorising Brackets**



5ab – 20a 5a(b – 4)

### **Solving Equations**

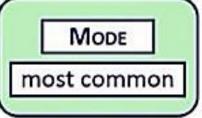
$$6x - 5 = 7$$

$$+5 = 12$$

$$\div 6 = 2$$

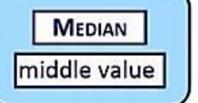


## Maths: Quick Reference: Statistics





sum of values number of values



#### RANGE

largest value - smallest value

#### Mean

7, 3, 4, 1, 7, 6

Sum of numbers divided by the total numbers

Mean = 
$$(7+3+4+1+7+6)/6$$

= 28/6 = 4.66

## Median

7, 3, 4, 1, 7, 6

Arrange in order and pick the middle value

Median = (4+6)/2 = 5

#### Mode

7, 3, 4, 1, 7, 6

Most common number

73, 4, 1, 76

Mode = 7

## Range

7, 3, 4, 1, 7, 6

Difference between highest and lowest

Range = 7 - 1 = 6

#### Mean from the Frequency Table

#### Discrete Data Frequency Table

 $Mean = \frac{Sum of (value \times frequency)}{Total frequency}$ 

#### **Grouped Data Frequency Table**

Mean of grouped data =  $\frac{\text{Sum of (interval midpoint} \times \text{frequency})}{\text{Total frequency}}$ 

Length (x cm)	Frequency	Midpoint	Midpoint × frequency
$0 < x \le 10$	4	× 5	= 20
10 < <i>x</i> ≤ 20	10	× 15	= 150
20 < <i>x</i> ≤ 30	7	× 25	= 175
30 < <i>x</i> ≤ 40	4	× 35	= 140
	25		485

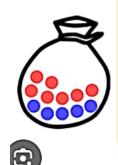
estimated mean =  $485 \div 25 = 19.4$  cm



## Maths: Quick Reference: Probability

## **Simple Probability**

Probabilty = 
$$\frac{\text{Favorable outcomes}}{\text{Total outcomes}}$$



#### Example:

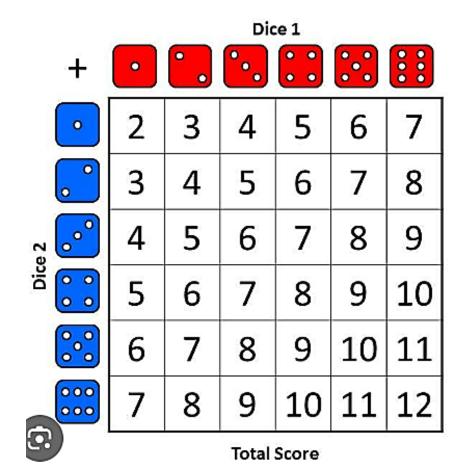
$$P(red) = \frac{7}{12}$$
 Number of red marbles

Total number of marbles (sample space)

$$P(blue) = \frac{5}{12}$$
 Number of blue marbles (sample space)

In words:	Impossible	Very unlikely	Unlikely	Even chances	Likely	Very likely	Certain
As decimal fractions:	0	0,2	0,4	0,5	0,6	0,8	1
As fractions:	0	$\frac{1}{5}$	$\frac{2}{5}$	$\frac{1}{2}$	$\frac{3}{5}$	$\frac{4}{5}$	1
As percentage	s: 0%	20%	40%	50%	60%	80%	100%

#### Sample Space Diagrams





# English

#### Our students will:

- > read easily, fluently and with good understanding
- > develop the habit of reading widely and often, for both pleasure and information
- acquire a wide vocabulary, an understanding of grammar and knowledge of linguistic conventions for reading, writing and spoken language
- appreciate our rich and varied literary heritage
- > write clearly, accurately and coherently, adapting their language and style in and for a
- > range of contexts, purposes and audiences
- use discussion in order to learn; they should be able to elaborate and explain clearly their understanding and ideas
- are competent in the arts of speaking and listening, making formal presentations, demonstrating to others and participating in debate.



## Academy Year 9 - 'Our Day Out'

The aims of the sequence of learning are to ensure that all students are able to:

- understand the structure, conventions and dramatic devices
- analyse writers' methods language, structure and form

- · used monsplays the ability to craft a successful description
- effectively a nalyse the role of the protagonist throughout a whole play
- demonstrate strong comprehension skills and analyse language.



## **Key Concepts - Knowledge**

### 'Our Day Out'

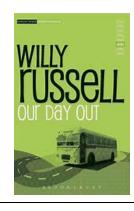
Written as a TV play for the BBC, 'Our Day Out' is inspired by the experiences of the author, Willy Russell as a school boy in a deprived area of Liverpool.

The play takes place in the contrasting areas of Liverpool and Conway. The children from an inner-city school go on a school trip to the seaside in Conway. Conway is a pictures que coastal resort in North Wales, very different to inner city Liverpool in 1970s.

The children in the play come from very poor homes and live in areas of high unemployment and social deprivation.

The majority of the pupils on the trip are members of the Progress Class (a group for children with Educational Needs).

Many characters appear neglected and have very difficult home lives.



#### **Key characters:**

Mr Briggs - a strict and disliked teacher

Mrs Kay - a laid back and wellliked teacher

Carol - a 13 year old member of Mrs Kay's progress class

### **Context: Liverpool in the 1980s**

During the economic recession (when incomes go down, but prices and taxes go up), the docks and manufacturers, which were major employers, went into decline and this created unemployment and poverty. The unemployment and poverty resulted in social problems and riots. Adults either had to struggle with jobs that paid very little or live on the dole (welfare money from the government).

During this time, the children of Liverpool suffered from a lack of good education, a lack of facilities including play areas and open spaces and were often living in cramped and unsuitable living conditions with little or no family income.

The difficult lives of the children is best reflected through the character of Carol, who doesn't want the school trip to end as it is so different from life back home in the city.













## Academy Year 9 - 'Our Day Out'

- The aims of the sequence of learning are to ensure that all students are able to:
  - understand the structure, conventions and dramatic devices analyse writers' methods language, structure and form
- used monsplays the ability to craft a successful description
- effectively a nalyse the role of the protagonist throughout a whole play
   demonstrate strong comprehension skills and analyse language.



## Key Concepts - Skills

To help you to structure a successful paragraph of language analysis, just remember:

#### **SEIZE**

**S** Statement How the writer has presented the focus of the question

E Evidence A quote and method from the text that supports your

statement

Inference What your quote suggests - how it links to your statement

Z Zoom Zoom in on a key word or phrase

Explain the effect on the reader/audience

#### **Challenge Activities**

'I'm not putting up with a pile of silliness from the likes of you.'- Mr. Briggs

How does Russell present Mr. Briggs as an unlikeable character in the quote above?

Use the sentence starters below to help you:

S Russell presents Briggs as unlikeable in the text.

E An example is '.....'

I The use of ......because......because......

Z The word '.....' illustrates this as it connotes .....

E This shows the audience that Mr. Briggs is .....because.....because

## Topic Links

GCSE - An Inspector Calls, A

Y8 - Romeo and Juliet

Y8 – Ghost Boys

Christmas Carol.

#### Additional Resources



This topic links to: To further practise and develop your knowledge see:

the BBC performance of the play here
 https://www.youtube.com/watch?v=yC94IOtTJrc

 Liverpool poverty and education documentary https://www.youtube.com/watch?v=qaNGkwcdVs

#### Career Focus - Where could this take you?



I'm a literary agent, and my job is like a treasure hunt for amazing stories. I team up with talented authors, help them polish their tales, and then work magic to get their books published. My key skills? I've got a knack for spotting hidden gems, a love for storytelling and negotiation superpowers.

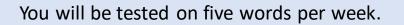




## **'Our Day Out' by Willy Russell**



## Vocabulary



_	٦.		$\mathbf{k}$
	Si	æ	١.
	5	6	d
	,٦	۲.,	7
	ᄀ	G	9

Keyword	Definition	Keyword	Definition
Act	A major division in a play. An act can be split into scenes.	Dramatic Irony	the contrast between what a character believes and/or says and what the audience knows to be true.
Scene	A sequence of continuous action in a play, film, opera, or book.	Monologue	A speech by a single character without another character's response.
Accent	A distinctive way of pronouncing a language, especially one associated with a particular country, area, or social class.	Naturalism	A type of theatre that attempts to mimic real life and reality.
Allegory	A story that is used to represent a more general message about real-life (historical) issues and/or events.	Progress	.To advance, develop or improve
Antagonist	A character or force against which another character struggles.	Protagonist	The main character of a literary work.
Aside	Words spoken by an actor directly to the audience, but not "heard" by the other characters on stage during a play	Resolution	The sorting out or unravelling of a plot at the end of a play, novel, or story.
Class	A division of a society based on social and economic status	Scouse	the dialect or accent of people from Liverpool.
Colloquialism	The use of informal language and slang.	Setting	the place or surroundings where something is positioned or where an event takes place.
Conflict	An issue or disagreement that needs to be solved.	Stifle	To restrain or restrict somebody
Complication	An issue or problem that arises.	Suicide	is the act of intentionally causing one's own death.
Dialect	A particular form of a language which is peculiar to a specific region or social group.	Stage Direction	A playwright's descriptive or interpretive comments that provide
Dialogue	The conversation between two or more people. In plays,		readers (as well as actors and directors) with information about the dialogue, setting, and action of a play.
Foreshadowing	characters' speech is preceded by their names.  A literary device that introduces an idea that is repeated or expanded on later.	Theme	A central idea or statement that unifies and controls an entire literary work. The theme can take the form of a brief insight or a comprehensive vision of life; it is not a message or a moral.



# Science

#### Our students will:

- develop scientific knowledge and conceptual understanding through the specific disciplines of biology, chemistry and physics
- develop understanding of the nature, processes and methods of science through different types of science enquiries that help them to answer scientific questions about the world around them
- are equipped with the scientific knowledge required to understand the uses and implications of science, today and for the future.



**Keyword** 

Nucleus

Cytoplasm

Mitochondria

Chloroplasts

Vacuole

Cell wall

Diffusion

Osmosis

Specialised cell

Active transport

Cell membrane

Cell

## Newsome Academy Year 9 Cells

Controls the movement of substances in and

Contains genetic information and controls the

Jelly-like substance where chemical reactions

Where respirations takes place. Releases

Contains the green pigment chlorophyll, the

Cells designed to carry out a particular role in

The movement of particles from an area of

The movement of particles from an area of

The movement of water from an area of high

concentration, through a partially permeable

high concentration to an area of low

low concentration to an area of high

concentration to an area of low

Contains cell sap and supports the cell.

Provides support to plant cells.

**Definition** 

Basic unit of life.

out of the cell.

activity of the cell

site of photosynthesis.

take place.

energy.

the body.

concentration.

concentration.

membrane.

The aims of the sequence of learning are to ensure that all students:

- •Describe the structure of different types of cells (animal, plant, bacterial and specialised)
- •Explain how to use a microscope to observe cells

## **Key Concepts**



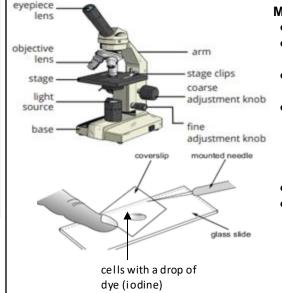
#### **Cell structure** Animal Cell Plant Cell chloroplast nucleus cytoplasm cell membrane cell membrane mitochondria cell wall cytoplasm permanent vacuole

#### **Specialised Cells**

Humans are multicellular. That means we are made of lots of cells, not just one cell. The cells in many multicellular animals and plants are specialised, so that they can share out the processes of life. They work together like a team to support the different processes in an organism.

Image	Type of animal cell	Function	Special features
	Red blood cells	To carry oxygen	Large surface area, for oxygen to pass through     Contains haemoglobin, which joins with oxygen     Contains no nucleus
74	Nerve cells	To carry nerve impulses to different parts of the body	Long     Connections at each end     Can carry electrical signals

#### Using a light microscope



#### Method:

- Prepare a slide.
- Plug in microscope and turn on light.
- Place slide on stage and hold with clips.
- On the lowest magnification objective lens move the stage as close to the lens as possible
- Focus the image
- Then turn up the magnification by turning to a higher power objective lens.

#### **Cell transport**

## Diffusion

(does not require energy)



Low concentration

**Active transport** (Requires energy from respiration)





The aims of the sequence of learning are to ensure that all students:

- •Describe the structure of different types of cells (animal, plant, bacterial and specialised)
- •Explain how to use a microscope to observe cells

Retrieval Practice	
Questions	Answers
Whatis a cell?	Cells are the basic building blocks of all living organisms.
What is an organelle?	Specialised structures that perform various jobs inside cells.
What is the function of the nucleus?	Contains genetic information (DNA) that controls cell activities.
What is the function of the cell membrane?	To control what enters and leaves the cell.
What is the function of the cytoplasm?	Where chemical reactions take place.
What is the function of mitochondria?	The site of respiration - where energy is released.
What is the function of the cell wall?	To strengthen and support plant cells.
What is the function of chloroplasts?	Contains chlorophyll to absorb light energy for photosynthesis.
Which organelles are present in both a nimal and plant cells?	Nucleus, Cell membrane, Cytoplasm, Mitochondria,
Which organelles are present in plant cells but not in a nimal cells?	Chloroplasts, Cell wall, Vacuole.
How is diffusion different to active transport?	In diffusion, partides move from a high to low concentration and it doesn't require energy. In a ctive transport, particles move from a low to high concentration and it does require energy.
How is a red blood cell adapted to its function?	No nucleus, large surface a rea and contains haemoglobin to allow the red blood cell to transport oxygen around the body.

#### Career Focus - Where could this take you?



I am a pathologist. This is a medical healthcare provider who examines bodies and body tissues, I am also responsible for performing lab tests. I help other healthcare providers reach diagnoses and I play an important role in the treatment team. I could work in an NHS or private hospital or in a laboratory. My job is exciting and fulfilling because I get to use my problem solving and analytical skills to come up with a better solution to fight viruses, infections, and other life-threatening conditions.

#### Challenge Activities

- 1. Make flashcards for the definitions and retrieval practice questions.
- 2. Make a mindmap for this topic. Remember to include keywords and the links between information.
- 3. Research specialised cells found in both animals and plants and turn the information into a leaflet.
- 4. Research how a bacterial cell is different to a plant or animal cell.
- 5. Find out more about pathologists and what they do. What qualifications would you need for this career? What current research is being done? What is the salary?
- 6. Construct a fact file about a famous historical scientist that helped us to understand more about cells.

#### **Topic Links**

This topic links to other science topics such as

- Scientific Skills
- Organisation
- Energy

We will also be practising how to

- Carry out practicals safely
- Write descriptively to compare cells

#### **Additional Resources**

Educake - https://www.educake.co.uk/

BBC Bite size -

https://www.bbc.co.uk/bitesize/guides/zpqpqhv/revision/1

YouTube Cognito - https://www.youtube.com/watch?v=QCCp-y-710

https://www.youtube.com/watch?v=qHkUOlC8Nbo



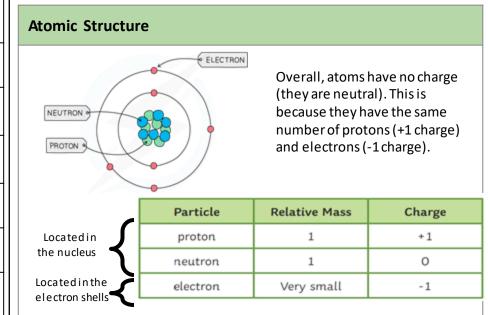
## Newsome Academy Year 9 Atoms and Calcs

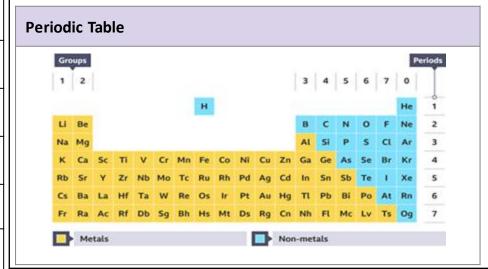
The aims of the sequence of learning are to ensure that all students:

- •Describe the structure of an atom and recall how the atomic model was developed
- •Calculate RAM, Mr and concentration

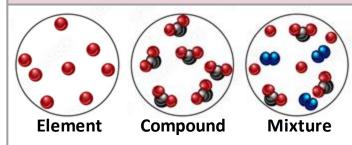
Keyword	Definition
Atom	The smallest unit of matter.
Element	A substance made up of only one type of atom.
Compound	Contains two or more different elements that are chemically bonded together.
Mixture	Contains two or more different substances that are not che mically joi ned together.
Proton	Positively charged particle in the atom.
Neutron	Neutral particle in the atom.
Electron	Negatively charged particle in the atom.
Subatomic particle	Particles that make up the atom.
Nucleus	The centre of the atom, containing protons and neutrons.
Periodictable	A table of elements which are organised into groups and periods.
Group	A column on periodic table (all elements in the same group have similar properties).
Period	A row on the periodic table.
Properties	Characteristics or features of something.

#### **Key Concepts**





#### **Substances**

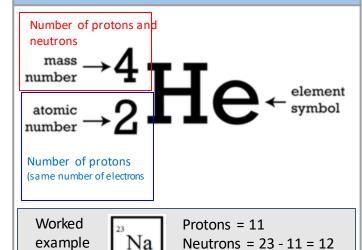


The properties of a compound are **different** to that of the elements that make it up.

For example, iron (element) is magnetic but iron sulphide (compound) is not magnetic.

#### **Number of Subatomic Particles**

(sodium):



Electrons = 11



# Newsome Academy Year 9 Atoms and Calcs

The aims of the sequence of learning are to ensure that all students:

- •Describe the structure of an atom and recall how the atomic model was developed
- Calculate RAM. Mr and concentration

## Retrieval Practice

How is the periodic table arranged?

Retrieval Practice			
Questions	Answers		
What is an atom?	The smallest unit of matter.		
What is an element?	A substance made up of only one type of atom.		
Whatis a compound?	Contains two or more different elements that are chemically bonded together.		
What is a mixture?	Contains two or more different substances that are not chemically joined together.		
What is the structure of an atom?	Protons and neutrons located in the nucleus, with electrons in electrons hells.		
What is a subatomic particle?	A particle that makes up the atom.		
What is the charge, mass and location of a proton?	Charge = +1, Mass = 1, Location = nucleus.		
What is the charge, mass and location of a neutron?	Charge = 0, Mass = 1, Location = nucleus.		
What is the charge, mass and location of an electron?	Charge = -1, Mass = very small, Location = shell		
What does the mass number tell you?	Number of protons + neutrons an element has.		
What does the atomic number tell you?	Number of protons an element has.		
What is the overall charge of an atom?	An atom has no charge because it has an equal number of protons (+1) and electrons (-1).		

In groups and periods (elements in the same group all

have similar properties).

#### Career Focus - Where could this take you?



I am a chemical engineer. My job is to changing the chemical, biochemical and physical state of a substance to turn it into something else, such as making plastic from oil. I need to understand how to alter raw materials into required products, while taking into consideration health and safety and cost issues. My main workplace is in a lab, office or processing plant develop raw materials into a range of useful products. A career in the field will see you creating petrochemicals, medicine and plastics.

#### **Challenge Activities**

- Make flashcards for the definitions and retrieval practice questions.
- Make a mind map for this topic. Remember to include keywords and the links between information.
- Research how the periodic table was created? What scientists were involved?
- Make a 3D model of an atom (showing the subatomic particles)
- Find out more about chemical engineers and what they do. What qualifications would you need for this career? What is the average salary?
- Research the history of the atomic model? What were the previous models? How do we know the atom looks the way we think it does?

#### **Topic Links**

This topic links to other science topics such as:

- Bonding
- States of matter
- Radiation
- Chemical reactions

#### **Additional Resources**

Educake - https://www.educake.co.uk/

BBC Bite size - <a href="https://www.bbc.co.uk/bitesize/topics/zcckk2p">https://www.bbc.co.uk/bitesize/topics/zcckk2p</a>

YouTube Cognito -

https://www.voutube.com/watch?v=fN8kH9Vvqo0 https://www.voutube.com/watch?v=iBDr0mHvc5M



# Humanities

#### Our students will:

- know and understand the history of these islands as a coherent, chronological narrative, from the earliest times to the present day: how people's lives have shaped this nation and how Britain has influenced and been influenced by the wider world
- understand historical concepts such as continuity and change, cause and consequence, similarity, difference and significance, and use them to make connections, draw contrasts, analyse trends, frame historically-valid questions and create their own structured accounts, including written narratives and analyses
- understand the methods of historical enquiry, including how evidence is used rigorously to make historical claims, and discern how and why contrasting arguments and interpretations of the past have been constructed
- develop contextual knowledge of the location of globally significant places both terrestrial and marine – including their defining physical and human characteristics and how these provide a geographical context for understanding the actions of processes
- > understand the processes that give rise to key physical and human geographical features of the world, how these are interdependent and how they bring about spatial variation and change over time



Causes

Dictator

Communism

Lebensraum

**Appeasement** 

Anschluss

Blitzkrieg

**Evacuation** 

Pers e cution

Anti-Semitism

Arya n

Ghettos

Kristallnacht

Synagogues

## **Year 9: Germany 1919-1939**

system, individual people do not own land, factories,

or machinery. Instead, the government or the whole

community owns these things. Everyone is supposed

Living Space - the land Nazis believed was required in

When Britain and France gave Hitler whathe wanted

German word for 'Union' - Hitler declared an

German attack on enemy targets, means

Anschluss between Germany and Austria in 1938.

To treat someone cruelly or unfairly especially

because of race or religious or political beliefs.

Hostility towards Jews or discrimination against them

Northern Europeans, including Germans, who Hitler

Areas of towns (usually run-down) sectioned off to

Night of Broken Glass: attacks on Jews & Jewish

The aims of the sequence of learning are to ensure that all students:

- . Describe the most significant reason for the growth of the Nazi party
- Explain the most important reason for the control of the German people
- Evaluate how successful Hitler was in achieving an economic miracle
- Describe what was the most important cause of World War II



a country.

The reason an event happened.

to share the wealth that they create.

(appeased him) to try to a void war.

Taking people a way from danger.

believed were the 'Master Race'.

separate Jews within the community.

order to grow and flourish.

'lightening war'.

as a group.

## **Key Concepts**

#### Causes of WWII: C. Timeline of Hitler's Actions:

#### Other Causes of WWII:

Treaty of Versailles: By the 1930's many people believed that Germany had been treated too harshly in the Treaty including Britain. Germany had lost land to create new countries like Poland and Czechoslovakia and Hitler promised to overturn the Treaty of Versailles and reunite all German speaking people in a greater Germany.

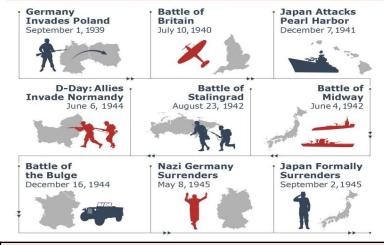


The Nazi Soviet Pact: Stalin felt alienated by the Munich Agreement and this encouraged him to sign the pact even though he and Hitler hated each other. It was a truce to agree to share Poland. This would help Hitler avoid a war on two fronts and give him back up from the USSR. This made him more confident about invading Poland even though Britain and France had promised to protect them.



## **WWII TIMELINE**

#### Major Turning Points



#### What was the most important turning point of World War II? A turning point is a significant moment when events alter in a way that has an impact both in the short and long term. There are many key moments in WWII that had an impact on the outcome of the war.

Turning Point: Was the evacuation of Dunkirk seen as a triumph or disaster?

Large numbers of British, French and Belgian troops were surrounded by German soldiers in the French town Dunkirk but 338226 were saved by a fleet of British naw ships and 800 small boats. These soldiers made up of much of Britain's army went on to fight throughout the war. It gave the British public hope.

**Turning Point: How important** was the Battle of Britain? The Royal Air Force (RAF) successfully defended against attacks by Nazi Germany's air force: Luftwaffe. It has been described as the first military campaign fought entirely by air forces. Hitler changed his tactics when it was clear the RAF could not be defeated, and he cancelled the invasion of Britain. The RAF went on to bomb targets in Germany.

A political leader who has total control and power over Communism is a type of government. In a Communist

France.

1933: Hitler becomes Chancellor of Germany and builds up Germany's armed forces which breaks one of the terms of the Treaty of Versailles.

1936: German soldiers occupy the Rhineland where they were not supposed to go. Other countries, including Britain, did not

stop this as the land belonged to Germany. This

1938: Hitler took over Austria, again breaking the Treaty. Britain protested but did nothing.

is the start of Appeasement by Britain and

Czechoslovakia if they did not return the Sudetenland to Germany. 3 million Germans lived there. Britain and France agreed that Germany should be allowed to take the Sudetenland but made Hitler promise not to invade any other countries.

1938: Hitlerthreatened war with

1939: Hitler broke his promise by taking over the rest of Czechoslovakia. He then started to threaten Poland. Poland was determined to fight Hitler...

1st September 1939: Germany invaded Poland, using 'Blitzkrieg' strategy. Britain and France (Poland's allies) gave notice to Germany to remove their troops from Poland. When they did not, Britain and France declared war on 3rd September 1939.

This was the start of World War 2!

property that intensified persecution of Jews in Germany. Jewish places of worship.



### **Year 9: Germany 1919-1939**

The aims of the sequence of learning are to ensure that all students:

- . Describe the most significant reason for the growth of the Nazi party
- Explain the most important reason for the control of the German
- Evaluate how successful Hitler was in achieving an economic miracle
- Describe what was the most important cause of World War II

ne the tarraction	Ret	trieva	al Pr	actice
-------------------	-----	--------	-------	--------

Tell me three minority groups persecuted by

What was the Nazi Soviet pact? Explain with

Why did Britain and France eventually declare

What date was Kristallnacht and what

when studying the Holocaust?

**Ouestions** 

the Nazis:

happened?

examples.

war on Germany?

your answer.



#### **Answers**

Jew ish, disabled and homosexuals

- 8th November 1938 when gangs smashed and burned Jewishhomes, businesses & synagogues all over Germany and attacked Jews. Many Jews were killed and 20,000 arrested and sent to concentration camps.
- Who was Anne Frank and why is she significant Anne Frank was a German girl and Jewish victim of the Holocaust who is famous for keeping a diary of her experiences. Anne and her family went into hiding for two years to avoid Nazi persecution
- Treaty of Versailles Many believed Germany was too harshly punished Explain two causes of World War Two (short or Appeasement- Many believe Chamberlain he made a mistake by trusting long term): Hitler. Britain and France could have stopped Germany.
  - A pact between Hitler and Stalin. It was a truce to agree to share Poland. This would help Hitler avoid a war on two fronts and give him back up from the USSR.
- A disaster as large numbers of Franch, British and Belgium troops died. A Was Dunkirk a triumph or disaster? Explain success as 338,226 troops were saved

When Germany invaded Poland

- What happened at the Battle of Britain and The Royal Air Force (RAF) successfully defended Britain against attacks by why was it a turning point of WWII? Nazi Germany's air force the Luftwaffe. Britain could now bomb targets Germany
- What consequences did Germany face after the It was the first failure of the war to be publicly acknowledged by Hitler and Battle of Stalingrad? put Hitler and the Axis powers on the defensive boosting Russian confidence.
- Soviet forces neared Adolf Hitler's command bunker in central Berlin. On April 30, Why did Germany surrender? Tell me one 1945, Hitler committed suicide. Within days, Berlin fell to the Soviets. reason.

#### Career Focus - Where could this take you?





I am a Screenwriter: My job is to write and develop screenplays for film or TV drama. I do this either based on an original idea, by adapting an existing story into a screenplay or by joining an existing project (if on TV). I will also use events that have happened in History and dramatise it while including historical facts. I have to make sure I have researched the area I want to focus on and plan my ideas, plots and characters.

#### **Challenge Activities**



- 1. Write a newspaper article about one of the key battles in World War Two. You need to research the battles and decide which one you want to write about- ensure you know enough to make a comparison to at least one other battle.
- 2. Write a script to use in a movie or play about one of the key battles of World War Two or about the Holocaust. Many movies have been produced which use historical fiction (incorporating some historical facts with a fictional storyline).
- Produce a timeline which can be used as a display piece of key events in World War Two. This should include dates, key individuals, the event (what happened) and pictures to match.

#### **Topic Links**



#### **Additional Resources**



This topic links to other humanities topics such as:

- From Democracy to Dictatorship The end of World War Two
- Britain's Homefront
- Judaism

https://www.voutube.com/watch?app=desktop&v=8a8fgGpHgsk

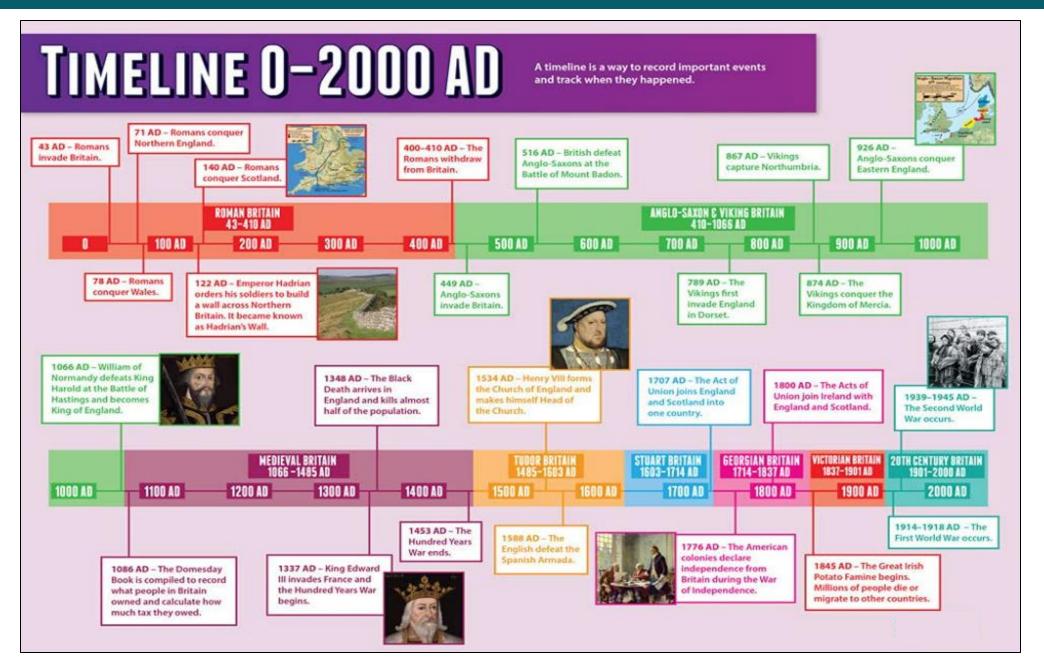
To further practise and develop your knowledge see:

https://www.familysearch.org/en/blog/world-war-2-facts

https://www.britannica.com/study/world-war-ii-major-eventsbattles

https://www.bbc.co.uk/bitesize/topics/zk94ixs/articles/z6vff82

#### **Timeline**







## **Year 9 Tectonic Hazards**

The aims of the sequence of learning are to ensure that all students:

- Explain the global distribution of tectonic activity
- Recognise and describe the processes at plate margins
- Describe the effects and responses to a tectonic hazard

Keyword	Definition
Conservative Margin	Where two tectonic plates move past each other
Constructive Margin	Where two tectonic plates move apart.
Crust	The rigid shell that surrounds the mantle. Oceanic crust is thinner but denser than continental crust
Destructive Margin	Where a continental plate is subducted by an oceanic plate.
Distribution	The way something is spread out or arranged over a geographic area
Fold Mountains	Mountains formed from the folding of the Earth's crust
Immediate response	The reaction of people as the disaster happens and in the immediate aftermath.
Long-term responses	Later reactions that occur in the weeks, months and years after the event
Ocean Trench	Long, narrow depression on the seafloor where oceanic crust is forced under continental crust.
Primary effects	The initial impact of a natural event on people and property, caused directly by it.
Secondary effects	The after-effects that occur as indirect impacts of a natural event, sometimes on a longer timescale
Shield Volcano	A wide, low volcano that erupts basic, runny lava.
Subduction Zone	An area where oceanic crust travels under a continental plate at a destructive margin
Tectonic Plate	A section of the Earth's crust.

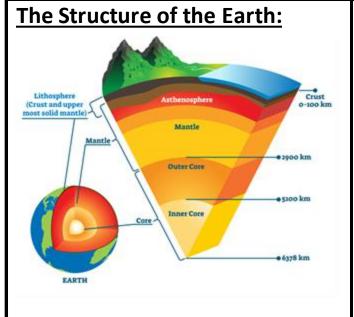
#### **Key Concepts**

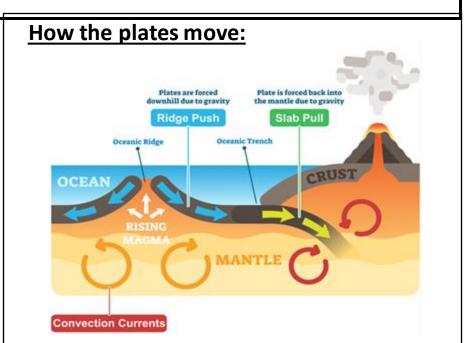


RECENT EARTHQUAKES AND VOLCANIC

The Distribution of Volcanoes and Earthquakes:

- The distribution is not random.
- Narrow bands along plate margins.
- Occur on both land and sea.
- Volcanoes are found at constructive destructive plate margins.
- Earthquakes occur at all three boundaries





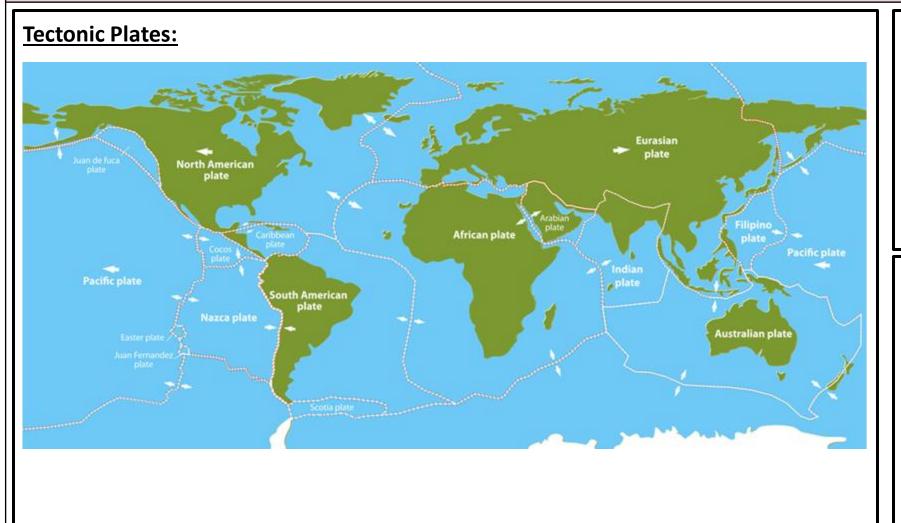


## **Year 9 Tectonic Hazards**

- Explain the global distribution of tectonic activity
- Recognise and describe the processes at plate margins
   Describe the effects and responses to a tectonic hazard

#### **Key Concepts**





### **Primary effects**

#### Earthquakes:

- People injured and killed.
- Property, homes and buildings destroyed.
- Roads, railways, ports and bridges destroyed.

#### Volcanoes:

- People and livestock injured and killed due to pyroclastic and lava flows and ash.
- Farmland and property destroyed.
- Water supplies contaminated.

### **Secondary effects**

#### Earthquakes:

- Fires can start due to broken gas pipes and damaged electricity cables.
- Lack of clean water and sanitation due to burst pipes leading to the spread of disease.

#### Volcanoes:

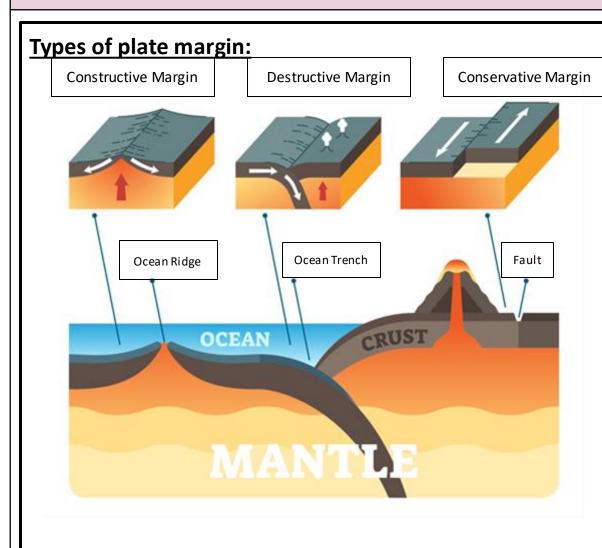
- Lahars occur due to the mixing of ash with rain/glacial melt water which can lead to deaths and damage to property.
- Tourism increases with those interested in volcanoes.
- Ash breaks down, providing nutrients to farmland.



- Explain the global distribution of tectonic activity
- Recognise and describe the processes at plate margins
  Describe the effects and responses to a tectonic hazard

#### **Key Concepts**





#### **Destructive Margin**

- Crust: oceanic and continental
- Landforms: fold mountains, ocean trench and composite volcanoes
- Hazards: earthquakes and volcanoes

#### **Constructive Margin**

- Crust: oceanic & oceanic/ continental & continental
- Landforms: ocean ridge/rift valley, shield volcanoes
- Hazards: earthquakes and volcanoes

#### **Conservative Margin**

- Crust: both
- Landforms: faults
- Hazards: earthquakes

### **Immediate Responses:**

Immediate responses to tectonic hazards include:

- Issuing warnings
- Rescue teams searching for survivors
- Providing treatment to injured people
- Food, drink and shelter provided
- Bodies recovered
- Fires extinguished

### **Long-Term Responses:**

Long term responses to tectonic hazards include:

- Rebuilding and repairing properties
- Rebuilding and repairing transport infrastructure
- Improving building regulations
- Restoring utilities such as water, electric and gas
- Resettling local people
- Developing opportunities for the economy to recover
- Installing monitoring equipment



Questions

## **Year 9 Tectonic Hazards**

The aims of the sequence of learning are to ensure that all students:

- Explain the global distribution of tectonic activity
- Recognise and describe the processes at plate margins
- Describe the effects and responses to a tectonic hazard

Retrieval Practice	\$\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\
	318

**Answers** 



Questions	Answers
Where are volcanoes and earthquakes located?	Narrow bands along plate margins and on both land and sea
What process in the mantle moves the crust?	Convection currents
Name 2 continental plates	Eurasian Plate and African Plate
Name 2 oceanic plates	Pacific Plate and Nazca Plate
What happens at a destructive plate boundary?	Oceanic and continental crust collide and the denser oceanic crust subducts creating volcanoes and earthquakes on the surface
Give 2 primary effects of an earthquake	People injured and killed. Property, homes and buildings destroyed.
Give 2 reasons why people might live near volcanoes	Tourism increases with those interested in volcanoes. Ash breaks down, providing nutrients to farmland.
Give 2 immediate responses to a tectonic hazard	Rescue teams searching for survivors and providing treatment to injured people
Give 2 long-term responses to a tectonic hazard	Rebuilding and repairing properties and improving building regulations

#### Career Focus - Where could this take you?





Volcanologists are scientists who use a variety of sophisticated equipment to measure and analyse volcanic activity, lava, rock, ashes and gases as well as earthquakes caused by eruptions. They try to predict eruptions and minimise adverse effects on people and their environment.

#### **Challenge Activities**



- Design and create a jigsaw for the plates of the earth
- Create a public safety poster booklet which provides advice on how people should prepare and act in a natural disaster
- Produce a presentation including a series of diagrams and information which explain what happens at the 3 main plate boundaries
- Create a model of an erupting volcano Research a recent volcanic eruption and write a news report on the causes, the effects and how people tried to reduce the impacts

#### **Topic Links**



#### **Additional Resources**



#### This topic links to

- Science
- Weather Hazards in Year 10 Geography

#### To further practise and develop your knowledge see: BBC Bitesize







## Newsome Academy Everyone Exceptional Everyday Geography

#### **Key Concepts: World – Countries and Oceans**









## Newsome Academy Year 9 The Holocaust

The aims of the sequence of learning are to ensure that all students:

- Describe how the Jews were persecuted in Germany
- Explain the impact of the Holocaust on survivors

Keyword	Definition	Key Concepts
Antisemitism	Hatred towards Jewish people	<u>Anti-Semitism</u> is a certain perception of Jews, which may be expressed as hatred toward Jews. Rhetorical and physical manifestations of antisemitism are directed toward Jewish or non-Jewish individuals and/or their property, toward Jewish community institutions and religious facilities.
Boycotts	Refusing to buy products from a business, country or group of people	Origin – How did antisemitism start?  Jewish people have been discriminated against for more than 2,000 years. Often it has been because of their religious beliefs. In ancient times some people worshipped many gods. They did not trust the Jewish people because the Jews did not follow the same gods. The Jewish people worship only one God.  Later, the new religion of Christianity developed from the religion of Judaism. The new religion was based on the teachings of Jesus Christ. He and his followers were Jewish, but the two religions became separate because of different beliefs. The Christians though t that
Ghettos	A poor urban area mainly occupied by minority groups	Jesus was a saviour sent by God. The Jewish people did not believe that. At the time, the Roman Empire controlled the land where both religions began. The Romans destroyed the Jewish Temple in Jerusalem and forced the Jews to leave. Eventually, the Roman rule rs accepted Christianity. The empire controlled many lands, so the religion of Christianity spread. The Roman leaders were powerful. They tried to turn Christians against the Jewish people. People treated the Jews poorly. Anti-Jewish laws in ancient Rome separated the Jews and limited their freedoms. Jewish people moved to many parts of Europe, but in some places they were forced to live in areas called ghettos. They were forced to leave other areas altogether. People made up myths about Jewish people so others would not trust them.  Anti-Semitism in the Russian Empire  When they were forced out of parts of western Europe, many Jews moved to Poland and Russia. Toward the end of the 1800s, howe ver,
Persecution	Punishment or harassment usually of a severe nature based on race, religion, or political opinion in one's country of origin.	they were mistreated there as well. The Russian Empire wrote laws to take away land from the Jews. Jewish people had to move to a different part of Russia, away from others. Many Jewish people could no longer work. Mobs of people attacked the Jews. These vident attacks were called pogroms.  Anti-Semitism in Modern Europe  In the 1800s people in Europe began to think of Jewish people as a separate race. Racism toward Jews helped a political party in Germany come to power in 1933. The Nazi Party was led by Adolf Hitler. The party spread hateful misinformation about Jewish people.
Concentration Camps	A place in which large numbers of people, especially political prisoners or members of persecuted minorities, are deliberately imprisoned in a relatively small area with inadequate facilities, sometimes to provide forced labour or to await mass execution	They ordered boycotts of Jewish-owned businesses. They said that the Aryan race was superior. The Aryans were white people from northern Europe. The Nazis wanted to get rid of all Jewish people. They collected Jewish people from throughout Europe. They forced the Jews into concentration camps to work as slaves. Many Jews were killed right away. This time is called the Holocaust. Nazi Germany and those who helped the Nazis killed about 6 million Jews.  The Nazis were defeated in World War II, which ended in 1945. Many places in the world did not express anti-Semitism any more. Jewish people became part of the culture. But in some places, anti-Jewish acts still happened.  Anti-Semitism Today  Today many people believe that anti-Semitism is wrong. Unfortunately, anti-Semitic acts still happen. For example, people paint anti-Jewish symbols on buildings and Jewish graves. Others spread misinformation. They say Jewish people have too much control of the media, the economy, and the government. Some people even say that the Holocaust never happened.



## **Year 9: The Holocaust**

The aims of the sequence of learning are to ensure that all students:

- Describe how the Jews were persecuted in Germany
- Explain the impact of the Holocaust on survivors

#### **Key Concepts**



The Holocaust: What is it? The mass murder of Jews under the German Nazi regime during the period 1939 - 1945. More than 6 million European Jews, as well as members of other persecuted groups, were murdered at concentration camps such as Auschwitz. Holocaust means destruction or slaughter on a mass scale, especially by fire. Many Jews use the term 'Shoah' which comes from the Hebrew meaning catastrophe.

#### A History of Anti-Semitism

The Nazis did not invent hatred of Jews or anti-Semitism.

Jews were persecuted in the Middle Ages for religious reasons. In 1190, 150 Jews were massacred in York and all Jews were expelled in 1290.

In many European countries, Jews were blamed for spreading the Black Death and were banned from owning land. In towns they were usually confined to certain areas—ghettos and subject to restrictions, such as curfews.

Martin Luther, who started the Protestant Reformation, called for Jewish synagogues to be destroyed.

In the 1800s, millions of Jews fled the Russian Empire because of pogroms (organised massacre) against them. Immigrants often ended up in Britain or the USA.

#### The Ghettos:

Ghettos were usually in the most run-down area of a city and were used to segregate the Jews. By mid-1941, nearly all Jews in occupied Poland had been forced into these overcrowded districts.

In the Warsaw ghetto, by far the largest, 490,000 Jews and a few hundred Roma and Sinti (Gypsies) struggled to survive. In larger centres, ghettos were shut in by walls, fences or barbed wire. No one could leave or enter without a special permit.

Jews received little food and the ghettos were overcrowded. Diseases such as typhus and tuberculosis were rife. It is estimated that 500,000 Jews died in the ghettos of disease and starvation. Many also perished in nearby slave labour camps, where conditions were even worse.



Deuftetiliger	Witting : 1-to	THEFT AND LOVE	Bubr	lett.
2000 200	•000 ···	***. **	***	0000
G G mrs	6.0	20	0.5	0.6
25	9	90-	00-	00
<b>∴•</b>	2.0	G	0	0 0
- ( () man	= **	00	000	Paragraph of the state of the s







#### Nazis Persecution of the Jews:

Hitler's dislike of the Jews was based on many things including his experiences in Vienna as a youth, but mainly the economy. He blamed them for making Germany weak and for the defeat of World War One.

1933: From 1<sup>st</sup> April the Nazi Party began an official Boycott of all Jewish shops, businesses, doctors and lawyers. The SA were used to paint Jewishstars or the word 'Jude' (Jew) outside Jewish businesses and they stood outside holding banners to discourage people from going inside. Jews were also banned from government jobs and Jewish civil servants and teachers were sacked.

**1935:** The Nuremberg Laws were passed and stated only those of German blood could be German citizens. Jews became German 'subjects', not citizens and marriage between Jews and Aryans was banned. Placards saying 'Jews not wanted here' were displayed in resorts, public buildings, restaurants and cafes.

9th November 1938: Kristallnacht (Night of Broken Glass) - gangs smashed and burned Jewish homes, businesses & synagogues all over Germany and attacked Jews. Many Jews were killed and 20,000 arrested and sent to concentration camps.

**1939-41:** Millions of Jews living in Poland & the USSR came under Nazi control. Many were shot or kept in Ghettos.

1942: Leading Nazis agreed upon a 'Final Solution' at the Wannsee Conference to the "Jewish problem".

Death camps would be used to eradicate Jews from Europe.

#### Concentration Camps:

The Nazis had been using concentration camps since 1933 as extended prisons or work camps, often for political opponents, but thousands of Jews were taken to camps like Dachau following Kristallnacht.

Germany's invasions of Poland & The Soviet Union meant that there were now millions more Jews under Nazi control. Initially, groups of SStroops — 'Einsatzgruppen', murdered Jews by shooting.

Following the decision at the Wannsee Conference in 1942 to eradicate all Jews, death camps were built. The death camps used gas chambers to murder Jews and others on an industrial scale.

When Jews arrived from all over Europe, 'selection' happened. Women with young children, the Elderly and the unfit were sent straight to the gas chambers. The Jews were told they were being taken to 'showers' but the 'showers' were in fact gas chambers which used a chemical called Zyklon-B. Usually, people 14 years of age and upwards were sent to the camp if they were fit and healthy. They would receive showers to clean them up. The showers were either really hot or extremely cold. They would then be given a uniform, tattooed with a number and have their hair shaved.

Sometimes, horrifying medical experiments were carried out on camp inmates, for example, by Dr Mengele at Auschwitz who was fascinated in studying twins.

All of the Jews' personal belongings: gold, silver, spectacles, clothes, even hair was kept to be re-used. Even in work camps, deaths through beatings, lack of food and disease were common. It is widely accepted that as many as 6 million Jews were murdered during the Holocaust.

Other groups, such as Russianprisoners, homosexuals, communists, gypsies and the mentally and physically disabled were also victims of the Nazi regime.

As the map shows, most death camps were in Poland rather than Germany, and Poles made up half of the victims. Jews from nearly all European countries were victims during World War Two.







What does persecution

mean?

## **Year 9 The Holocaust**

The aims of the sequence of learning are to ensure that all students:

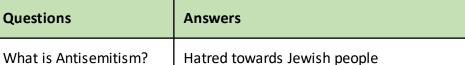
- Describe how the Jews were persecuted in Germany
  - Explain the impact of the Holocaust on survivors

Retrieval Practice	\$150 \$150 \$150 \$150 \$150 \$150 \$150 \$150

#### Career Focus - Where could this take you?



I am a Historical researcher. I study past events, people, policies and documents to gain an in-dept understanding of their significance and impact on modern and future societies. Examining primary and secondary sources is an essential part of a historical researcher, as well as knowing and understanding peoples' beliefs and views.



Punishment or harassment usually of a severe nature based on race, religion, or political opinion in one's country of origin.

Where were some of Some Jews were forced by the Nazis to live the Jewish people in Ghettos. forced to live?

What did Hitler blame Making Germany weak and losing World War the Jewish people for?

#### **Challenge Activities**

- Explain in your own words, the history of Judaism that led to antisemitic attacks.
- Research how the holocaust has affected many Jews in the world today.

What happened in Kristallnacht (Night of Broken Glass) - gangs Germany on 9th smashed and burned Jewish homes, busines November 1938 ses & synagogues all over Germany and attacked Jews. Many Jews were killed and 2 0.000 arrested and sent to concentration camps.

Which other groups of Russian prisoners, homosexuals, communists people were persecuted , gypsies and the mentally and physically disa in Nazi Germany? bled



This topic links to other RE topics such as Judaism

This topic links with other subjects such as:

- History
- We will also be practising how to
  - Argue a point and practise our Voice 21
  - Participate in debates Write PEE sentences/how to answer exam questions

**Additional Resources** 

To further practise and develop your knowledge see: https://www.bbc.co.uk/newsround/29363650

https://www.bbc.co.uk/bitesize/topics/znwhfg8/articles/z4vvjhv https://www.bbc.co.uk/bitesize/guides/zf3yb82/revision/6

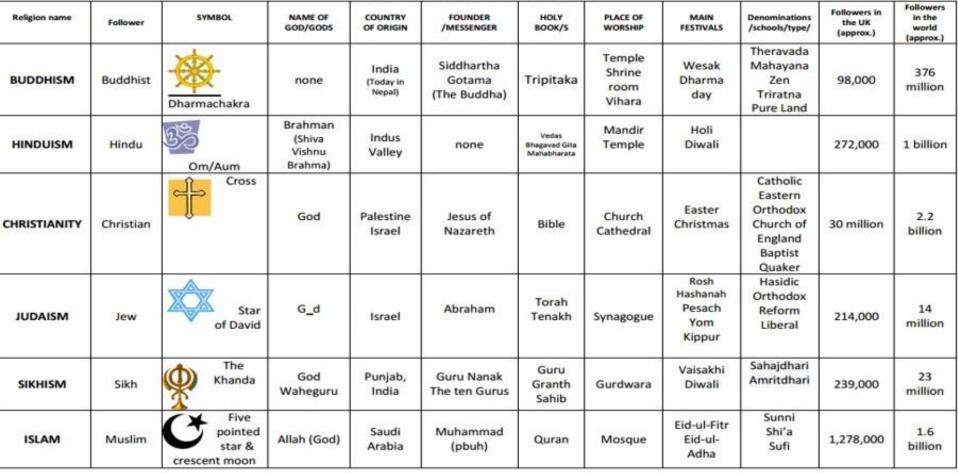




## Newsome Academy Religious Studies

#### **Key Concepts**

SIX WORLD RELIGIONS (spellings vary)



Theist = Someone that believes in God

Atheist = Someone that doesn't believe in God

Agnostic = Someone that is not sure about the existence of God

Monotheist = Someone that believes in one God Polytheist = Someone that believes in many gods

#### Timeline of religions (all dates approximate)

1	1	<b>1</b>	1	1	1	<b>1</b>
2000 BC	1500BC	560 BC	0	30 AD	610 AD	1500 AD
Hinduism	Judaism	Buddhism	)	Christianity	Islam	Sikhism





## **MFL**

#### Our students will:

- > understand and respond to spoken and written language from a variety of authentic sources
- > speak with increasing confidence, fluency and spontaneity, finding ways of communicating what they want to say, including through discussion and asking questions, and continually improving the accuracy of their pronunciation and intonation
- > can write at varying length, for different purposes and audiences, using the variety of grammatical structures that they have learnt
- discover and develop an appreciation of a range of writing in the language studied.



## Year 9 Mon avenir

The aims of the sequence of learning are to ensure that all students can:

police officer.

mechanic.

- Narrate their choice of career, giving reasons and justifications.
- Deliver a short presentation on their future plans.
- Take part in a short conversation, asking and answering questions.
- Identify key information from a longer text containing two time frames. • Identify key information from a longer passage containing two time

Keyword	Definition
Qu'est-ce qu'on peut faire pour gagner de l'argent?	What can you do to earn money?
On peut + infinitive	You can
Qu'est-ce que tu fais?	What do you do?
Je travaille	I work
Je gagne	l earn
Qu'est-ce que tu veux faire comme métier?	What do you want to do as a job?
Je veux être	I want to be
Qu'est-ce que tu vas faire à l'avenir?	What are you going to do in the future?
Je vais + infinitive	I'm going to
Ce sera + opinion.	That will be
Qu'est-ce que tu as fait hier?	What did you do yesterday?
J'ai préparé les repas.	I prepared the meals.
Je n'ai pas aidé à la maison.	I didn't help at home.
C'était <u>comment</u> ?	What was it like?
C'était	It was

#### Essential Vocabulary, grammar and phonics. Qu'est-ce qu'on peut faire pour gagner de l'argent? Pour gagner de l'argent, (In order) to earn money, on peut ... you can ... help at home. aider à la maison. aider les voisins. help the neighbours. trouver un petit boulot. find a part-time job. faire du baby-sitting. do babysitting. Qu'est-ce que tu fais? Je lave la voiture. I wash the car. Je garde mon petit frère. I look after my little brother. Je garde ma petite sœur. I look after my little sister. Je range ma chambre. I tidy my room. Je travaille dans un café. I work in a café. Je travaille à la boulangerie. I work at the bakery. Je fais la cuisine. I do the cooking. Je gagne 8 euros par I earn 8 euros a week / semaine / par mois. a month. Qu'est-ce que tu veux faire comme métier? Je veux être ... I want to be a(n) ... scientifique. scientist. pilote. pilot. ingénieur/ingénieure. engineer. danseur/danseuse. dancer. acteur/actrice. actor/actress. dessinateur/dessinatrice. designer. infirmier/infirmière. nurse.

policier/policière.

mécanicien/mécanicienne.



### Qu'est-ce que tu vas faire à l'avenir?

abroad.

a big house.

a red Ferrari.

I am going to live ... Je vais habiter ... à l'étranger. Je vais acheter ... I am going to buy ... une grande maison. une Ferrari rouge. Je vais être ... célèbre. heureux/heureuse. Je vais avoir ... cinq enfants. Je vais aller ... à New York. en Chine. Je vais faire du travail bénévole. à l'avenir dans dix ans

dans vingt-cinq ans

cool / fantastique.

Ce sera ...

I am going to be ... famous. happy. I am going to have ... five children. I am going to go ... to New York. to China. I am going to do voluntary work. in the future in 10 years in 25 years It will be ... cool / fantastic.



**Retrieval Practice** 

gagner de l'argent?

Qu'est-ce que tu fais?

comme métier?

Ce sera comment?

Qu'est-ce qu'on peut faire pour

Questions

## Year 9 Mon avenir

The aims of the sequence of learning are to ensure that all students can:

- Narrate their choice of career, giving reasons and justifications.
- Deliver a short presentation on their future plans.
- Take part in a short conversation, asking and answering questions.

• Identify key information from a longer text containing two time frames • Identify key information from a longer passage containing two time

Answers

a i der à la maison.

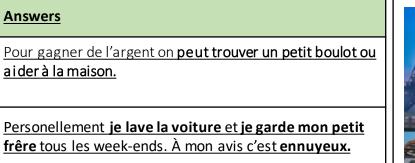


#### Career Focus - Where could this take you?





I am a news reporter. I work all over Europe and even worldwide. It helps me that I can speak another language, because I can communicate with people who live in the country I am reporting from.



#### **Challenge Activities**



- 1. Research some careers where Languages are important. Make a fact file. Which of these are you interested in?
- Create a day of Cinderella's diary. Include at least 6 things that she did to help at home and her opinion about the chores.
- Complete the activities on sentencebuilders.com

Qu'est-ce que	e tu va	<u>s faire à</u>
<u>l'avenir?</u>		

Tu gagnes combien d'argent?

Qu'est-ce que tu veux faire

Je crois que ce sera formidable.

Dans vingt ans je vais avoir deux enfants.

Je gagne dix livres par heure. C'est bien payé.

Je ne sais pas exactement. Je veux être acteur

Dans dix ans je vais habiter à **New York**. Je vais acheter

mais c'est difficile. Aussi je veux être pilote.

**Topic Links** 



#### **Additional Resources**



Qu'est-ce que tu as fait hier? Hier matin je suis resté(e) à la maison mais je n'ai pas regardé la télé. L'après-midi je suis allé au

supermarché.

une grande maison.

Sports and leisure. All about me.

This topic links to:

Sentencebuilders.com

knowledge see:

Expressing future plans for a concert.

Active learn. Look in Teams to find your logins.

To further practise and develop your

C'était comment? À mon avis c'était assez ennuyeux.

#### PERFECT TENSE ("has done/did")

Start with the present tense of avoir/être, then add the past participle of the second verb:

-er	-ir	-re
Remove <b>–e</b> r Add <b>-é</b>	Remove -r	Remove – <i>re</i> Add - <i>u</i>
jou <b>er →</b> (j'ai) jou <b>é</b>	fin <b>ir →</b> (j'ai) fini	vend <b>re <del>&gt;</del></b> (j'ai) vend <b>u</b>

#### VERBS USING ÊTRE e.g. je suis allé(e)

monter entrer sortir venir aller naître partir descendre arriver tomber rester mourir retourner (and all reflexive verbs)

The past participle for these verbs must agree with the subject in gender and number:

je suis allé (m) je suis tombée (f) on est entrés (mpl) on est entrées (fpl)

#### IMPERFECT TENSE ("was doing/used to do")

Remove –ons from the nous form of the present tense, add these endings (ais/ais/ait/ions/iez/aient)

	jouer	finir	vendre
je	jou <b>ais</b>	finiss <b>ais</b>	vend <b>ais</b>
tu	jou <b>ais</b>	finiss <b>ais</b>	vend <b>ais</b>
il/elle/on	jou <b>ait</b>	finiss <b>ait</b>	vend <b>ait</b>
nous	joui <b>ons</b>	finissions	vend <b>ions</b>
vous	joui <b>ez</b>	finissiez	vend <b>iez</b>
ils/elles	jou <b>aient</b>	finissaient	vend <b>aient</b>

#### PRESENT TENSE ("does/is doing")

Remove the -er/-ir/-re and add these endings:

	jouer	finir	vendre
je	jou <b>e</b>	fin <b>is</b>	vend <b>s</b>
tu	jou <b>es</b>	fin <b>is</b>	vend <b>s</b>
il/elle/on	jou <b>e</b>	fin <b>it</b>	vend
nous	jou <b>ons</b>	fin <b>issons</b>	vend <b>ons</b>
vous	jou <b>ez</b>	fin <b>issez</b>	vend <b>ez</b>
ils/elles	jou <b>ent</b>	fin <b>issent</b>	vend <b>ent</b>

#### ÊTRE

je suis / tu es / il est / nous sommes / vous êtes / ils sont **AVOIR** 

j'ai / tu as / il a / nous avons / vous avez / ils ont

#### NEAR FUTURE TENSE ("is going to do")

Use the present tense of *aller* followed by the infinitive:

je	vais	
tu	vas	jouer finir
il/elle/on	va	vendre
nous	allons	être aller
vous	allez	vouloir etc.
ils/elles	vont	ett.
		:

#### PLUPERFECT TENSE ("had done")

Very similar to the perfect tense, except you start with the *imperfect* tense of auxiliary verbs *avoir/être*: e.g. j'avais joué, il avait fini, nous étions allés, elles s'étaient brossées les dents

#### SIMPLE FUTURE TENSE ("will/shall do")

Add these endings to the infinitive:

	jouer	finir	vendr <del>g</del>
je	jouer <b>ai</b>	finir <b>ai</b>	vendr <b>ai</b>
tu	jouer <b>as</b>	finiras	vendr <b>as</b>
il/elle/on	jouer <b>a</b>	finira	vendr <b>a</b>
nous	jouer <b>ons</b>	finirons	vendrons
vous	jouer <b>ez</b>	finir <b>ez</b>	vendr <b>ez</b>
ils/elles	jouer <b>ont</b>	finir <b>ont</b>	vendront

#### **IRREGULAR STEMS**

être (ser-)avoir (aur-)faire (fer-)venir (viendr-)savoir (saur-)aller (ir-)devoir (devr-)pouvoir (pourr-)voir (verr-)

#### CONDITIONAL TENSE ("would do")

Begin with the future stem, add imperfect endings:

	jouer	finir	vendr <mark>∉</mark>
je	jouer <b>ais</b>	finirais	vendr <b>ais</b>
tu	jouer <b>ais</b>	finirais	vendr <b>ais</b>
il/elle/on	jouer <b>ait</b>	finir <b>ait</b>	vendr <b>ait</b>
nous	joueri <b>ons</b>	finirions	vendrions
vous	joueri <b>ez</b>	finir <b>iez</b>	vendriez
ils/elles	jouer <b>aient</b>	finiraient	vendraient

#### **IRREGULAR STEMS**

Same as for the simple future

EXTRA MARKS: USE WITH THE IMPERFECT TENSE

Si j'avais le temps, j'irais... (If I had time, I'd go to...)

#### Negatives

Most negatives work like *ne...pas* (not). They are in two parts and go <u>around</u> the verb:

- · ne...rien (nothing)
- · ne...jamais (never)
- ne...plus (no longer, not anymore)
   With il y a (there is/are), the negatives go around y a and ne

shortens to **n'**:

Il **n'**y a **rien** a faire. (There is nothing to do.)

Il **n'**y a **jamais** de bus. (There are never any buses.)

Il **n'**y a **plus** de magasins. (There are no longer any shops.)

#### Sequencers (narrative words)

d'abord firstly/first of all ensuite next puis then après after/afterwards finalement finally

#### Connectives

et and mais but
ou or où where
parce que because
donc/alors therefore/so
cependant however
car as (because)
puisque since (because)

#### Present vs. imperfect

il y a (there is)
il y avait (there was)
c'est (it is)
c'était (it was)

## 1st step - Description

#### To start off:

Sur l'image/la photo In the image/the photo

Il y a Je vois / On peut voir La photo montre There is/ are
I see / We can see
The photo shows
The scene takes place

## 2<sup>nd</sup> step - Opinions

#### **Hypothesis:**

Ils/Elles ont l'air They seem
Il/Elle a l'air He/She seems
Ça/Il a l'air It looks like
Peut-être Maybe

Ça semble être It seems to be

#### **Locating:**

Au premier plan À l'arrière plan À gauche/ à droite

Le scène se passe

Près de.. Devant/Derrière..

Devant/Derrière Au milieu.. In the foreground
In the background
To the left/to the right

Close to
In front of/At the back

In the middle

# Say what you think about the photo

Je crois que... I think that... Je suppose que... I suppose that...

Je pense que...
I think that...

Il me semble que...
It seems to me that...

Je dirais que...
I would say that...

Cela me rappelle...
It reminds me of...

# Décrire une photo

## Remember to mention the 4 Ws

Where/Où	When/Quand	Who/Qui	What/Quoi
<ul> <li>À l'école</li> <li>Dans la rue</li> <li>À la montagne</li> <li>Au bord de mer</li> <li>À l'intérieur</li> <li>À l'extérieur</li> <li>En ville</li> </ul>	Weather  • Il fait beau  • Il pleut  • Il y a du soleil  Moment  • Le soir  • Le midi  • Pendant	<ul> <li>Une famille</li> <li>Des enfants</li> <li>Beaucoup de monde</li> <li>Quelques personnes</li> <li>Des arbres</li> <li>Des bâtiments</li> </ul>	• Ils/Elles sont en train de: parler, manger, faire la fête, rigoler, s'amuser, recycler, apprendre, faire du sport, jouer, bronzer

J'aime cette photo

- parce que les gens ont l'air heureux/drôles...
- car j'adore la plage, la montagne, les festivals...
- j'aimerais faire partie de la scène pour...

Je n'aime pas cette photo

- pace que la météo n'est pas à mon goût
- car je n'aime pas les activités, je préfère...
- Je ne voudrais pas participer à la photo car...



# Computing

## Our students will:

- > can understand and apply the fundamental principles and concepts of computer science, including abstraction, logic, algorithms and data representation
- > can analyse problems in computational terms, and have repeated practical experience of writing computer programs in order to solve such problems
- > can evaluate and apply information technology, including new or unfamiliar technologies, analytically to solve problems
- are responsible, competent, confident and creative users of information and communication technology

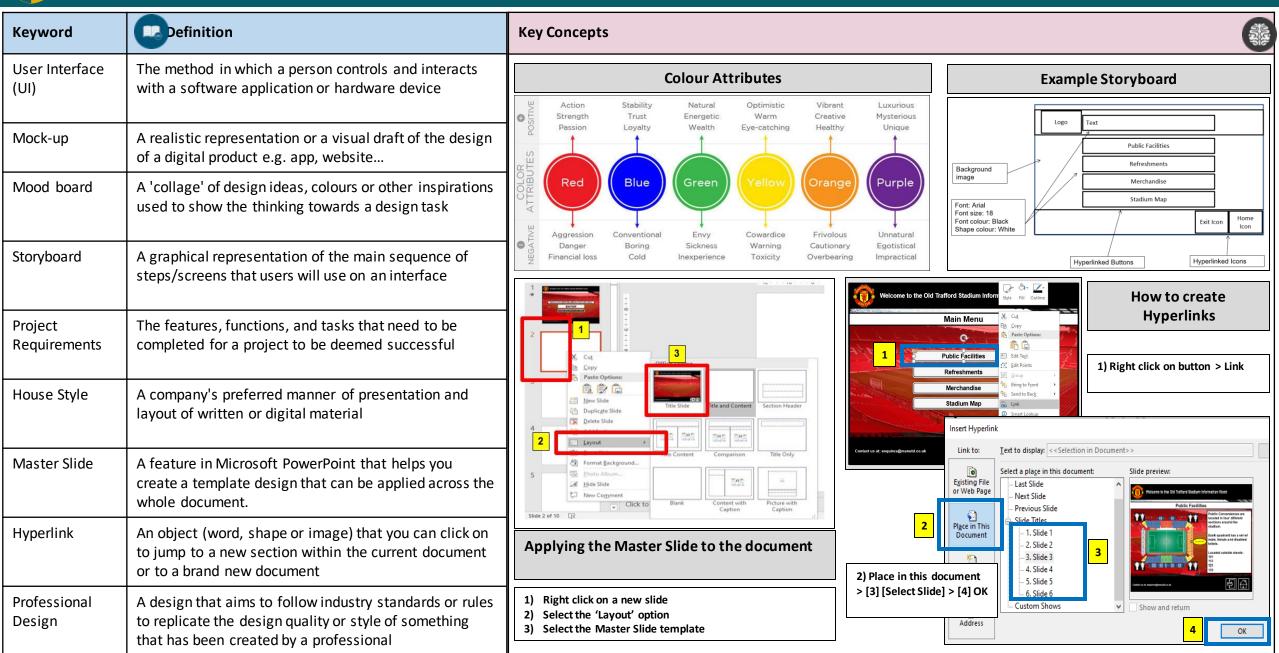


## Unit 9.2: Design a Website

The aims of the sequence of learning are to ensure that all students:

- Demonstrate knowledge of planning and design techniques by creating a detailed moodboard and storyboard
- Demonstrate knowledge of using MS PowerPoint by developing a professional looking website •
- Demonstrate knowledge of testing techniques by completing a testing table document







## Unit 9.2: Design a Website

The aims of the sequence of learning are to ensure that all students:

- Demonstrate knowledge of planning and design techniques by creating a detailed moodboard and storyboard
- Demonstrate knowledge of using MS PowerPoint by developing a professional looking website •
- Demonstrate knowledge of testing techniques by completing a testing table document
- Apply knowledge from this unit to accurately describe some keywords

Retrieval Practice	
Questions	Answers
What is a 'User Interface' and what is the purpose of it?	A user interface, also called a "UI", is the method in which a person controls and interacts with a software application or hardware device. The UI acts as the layer between the software and the computer hardware – most software will be unusable without a UI.
Why is it important to care fully consider the use of a colour when designing a user interface?	Colour can speak, as powerful as language. It is the visual appearance, which largely depends on colour, that always leaves you the very first impression.
Which details do you need to include on a 'Storyboard' design?	A storyboard must include the following:  Details such as font name, font size, font colour, shape colour, logo position, text box position and positioning of other objects.
What are you able to do using the 'Slide Master' tool in MS PowerPoint?	In MS PowerPoint, a Slide Master is a feature that allows you to create master templates (or master slides). One template design can be applied to slides within the document – this reduces interface development time and allows the designer to develop a clear house style.
Which features and tools in MS PowerPoint are useful when developing a user interface?	Some useful features and tools are:  Slide Master – to create template designs Hyperlinks – to create a navigation bar and other interactive buttons Drawing toolse.g. Shape -Fill, -Outline, -Effects Arrange tool – for layering of objects (sent to front and send to back) Text boxes – add content on each slide Insert Online Pictures tool – to insert i mages from the web
Explain what a 'Hyperlink' allows you to do and how you could it on your user interface?	A hyperlink is an object (word, shape or image) that you can click on to jump to a new section within the current document or to a brand-new document.  They allow users to click their way from page to page.
What is the purpose of testing a digital product or interface?	There are many benefits to testing a digital product or interface:  Refines the whole product before release It reduces development and maintenance costs Provides better usability and enhanced functionality Reduces the number of 'bugs' or errors Creates a positive impression of you/ your company

#### Career Focus - Where could this take you?





In my role as a **User experience (UX) designer** I create accessible, aesthetically appealing and meaningful physical and digital products that people find enjoyable to use. It is about understanding users' emotions and feelings to make sure they continue to come back to the product.

#### **Challenge Activities**



- Create a professionally designed and formatted questionnaire or survey to gather feedback for the user interface. Include questions that clearly check if you have met the requirements of the project. Use the feedback to make improvements to your user interface.
- 2. Create a tutorial video or document to explain how to create an interactive user interface using MS PowerPoint. Make sure it includes a step-by-step breakdown of each task.
- 3. Do some research on the internet to find out which other pieces of software can be used to create a user interface. Create a table which compares the features, tools and functionality of each piece of software and then decide which software you think is the most appropriate to use to create a most professional looking user interface.

#### **Topic Links**



#### **Additional Resources**



This topic links to:

#### Computing Curriculum:

- Design, use and evaluate computational abstractions that model the state and behaviour of real-world problems and physical systems
- Create and re-purpose digital artefacts for a given audience, with attention to trustworthiness and usability
- Art and design (creative design, colour schemes etc..)
- English (appropriate language for a target audience)

To further practise and develop your knowledge see:

- Colours cheme designer: <a href="https://paletton.com/">https://paletton.com/</a>
- Master Slide Tutorial: <a href="mailto:youtu.be/bDk7z0mYmeE">youtu.be/bDk7z0mYmeE</a>
- Hyperlinks Tutorial <u>youtu.be/bYkUuaA63vc</u>



# CAPE

## Our students will:

- > produce creative work, exploring their ideas and recording their experiences
- > become proficient in drawing, painting, sculpture and other art, craft and design techniques
- > evaluate and analyse creative works using the language of art, craft and design
- know about great artists, craft makers and designers, and understand the historical and
- cultural development of their art forms.
- develop competence to excel in a broad range of physical activities are physically active for sustained periods of time engage in competitive sports and activities
- lead healthy, active lives.



# Newsome Academy Year 9 Aztec Art

The aims of the sequence of learning are to ensure that all students:

- Will have an understanding of what happened to the Aztec Empire
- Will develop their observational drawing skills

**Key Concepts** 

- Il be able to describe the characteristics of Aztec textile designs
- Understand how to produce a relief printing block
- Be able to produce a mixed media background
- Will produce a repeat print of an Aztec symbol
- Will be able to talk about their work using subject specific language

Everyone Exceptional Ev	• Will
Keyword	Definition
Aztecs	The Aztecs were a Mesoamerican culture that flourished in central Mexico in the post-classic period from 1300 to 1521.
Polytheist	Someone who believes in many Gods.
Belief	Trust, faith or confidence in someone or something.
Symbol	A mark or character used to represent an object, function, or process.
Textile	Any fabric or cloth.
Geometric	Characterised by or decorated with regular lines and shapes.
Poly printing	A method of relief printing that doesn't use sharp tools.
Repetition	The act of doing, saying or writing something again.
Mixed media	In visual art, mixed media describes artwork in which more than one medium or material has been employed.











# THE GODS OF THE AZTECS







## Academy Year 9 Aztec Art

The aims of the sequence of learning are to ensure that all students:

- Will have an understanding of what happened to the Aztec Empire
  - Will develop their observational drawing skills
  - Will be able to describe the characteristics of Aztec textile designs
- Understand how to produce a relief printing block
- Be able to produce a mixed media background
- Will produce a repeat print of an Aztec symbol
- Will be able to talk about their work using subject specific language

Retrieval Practice	의 전 전 전 전 전 전 전 전 전 전 전 전 전 전 전 전 전 전 전	
Questions	Answers	
Where did the Aztecs live?	The Aztecs were the Native American people who dominated northern Mexico at the time of the Spanish conquest in the early 16th century. A nomadic culture, the Aztecs eventually settled on several small islands in Lake Texcoco where, in 1325, they founded the town of Tenochtitlan, modern-day Mexico City.	
What food products did the Aztecs introduce to the Spanish?	Corn, tomatoes, chocolate and vanilla.	
Name 3 man-made structures the Aztecs introduced to the Spanish.	Suspension bridges, pyramids, sewage system.	
What is relief printing?	A printing methods where a printing block which has had ink applied to its non-recessed surface, is brought into contact with paper. The non-recessed surface will leave ink on the paper, whereas the recessed areas will not.	
Why should you do a test print?	Doing a test print means you have the chance to make sure that your printing block is as you want it to be, and that the ink is loaded enough to leave a good print.	
Why does your mixed media background need to be flat?	So that your printing block will make contact with the surface of the paper and leave a perfect print.	

## Career Focus - Where could this take you?





My job is a textile technician. I make sure the machines and equipment that are used to produce textiles in factories are operating correctly, minimising interruption in production and ensuring people can work safely on the machines.

#### **Challenge Activities**



Make an Aztec inspired relief painting.

<u>Art Attack! - Time Travel - Aztec Art! - Disney Junior UK HD - YouTube</u>

Make an Aztec symbol/God weaving.

Aztec Suns | theMESSYartroom (wordpress.com)





#### **Topic Links**



#### **Additional Resources**



This topic links to:

 History – Spanish conquest of the Aztec Empire.

 Geography – Location of the Aztec and Mayan Empires.

Mathematics – geometric shapes.

To further practise and develop your knowledge see:

How Hernán Cortés Conquered the Aztec Empire | HISTORY

See How Indigenous Weaving Styles Are Preserved in Guatemala | National Geographic - YouTube



Conductive

Couching

Equipment

**Embroidery** 

# **Year 9 Textiles**

The aims of the sequence of learning are to ensure that all students:

- Demonstrate safe use of tools and equipment.
- Explain a range of Decorative Techniques

**Key Concepts** 

- Rank Smart Fibres in order of environmental impact.
- Annotated a range of design ideas which include moral and culturalissues.
- Demonstrate an understanding of smart materials.

#### **Keyword** Definition Describing a series of parallel ridges and furrows Corrugated Cloth or other material produced by weaving or knitting fibres. **Fabric** Made by chemical synthesis, especially to imitate a natural **Synthetic** product. Smart fibres and structures can be defined as materials and **Smart Fibres** structures that can sense and react to environmental conditions or stimuli, mechanical, thermal, chemical, electrical, magnetic. Class of materials manufactured by the conversion of natural Regenerated cellulose A type of cloth or woven/knitted fabric. **Textiles** A set of principles concerned with the nature and appreciation **Aesthetics** of beauty. These microspheres gradually release active agents when **Encapsulated** rubbed, which rupture the thin-walled membrane. A plan or drawing produced to show the look and function or Design workings of a building, garment, or other object before it is built or made Thinner than human hairs and can be coiled to provide a very Microfibre warm, soft or absorbent material Offering resistance to something Resistant

Allow a small electrical current to safely pass through them.

ground fabric and fastened in place with small stitches of the

Supplying someone or something with items necessary for a

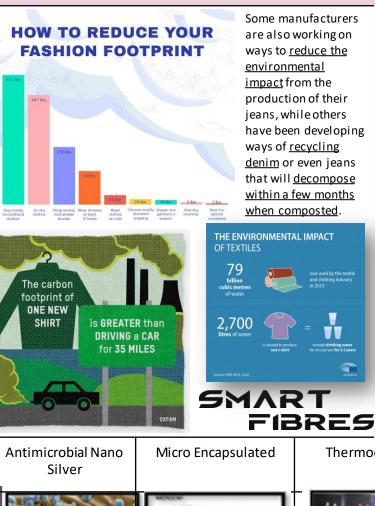
Craft of decorating fabric or other materials using a needle to

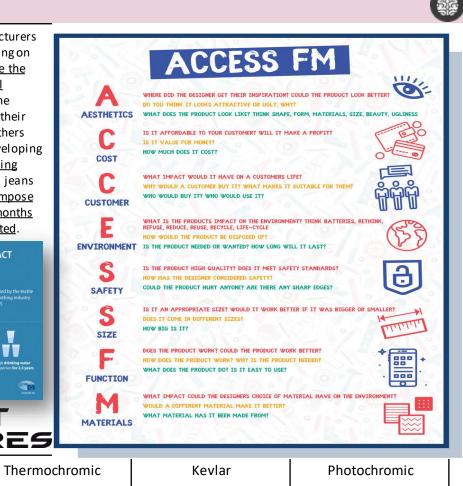
Yarn or other materials are laid across the surface of the

same or a different yarn.

particular purpose:

apply thread or yarn.















# Academy Year 9 Skills Cushion Project

The aims of the sequence of learning are to ensure that all students can:

- Demonstrate safe use of tools and equipment.
- Explain a range of Decorative Techniques
- Rank Smart Fibres in order of environmental impact.
- Annotate a range of design ideas which include moral and cultural issues.
- Demonstrate an understanding of smart materials.

#### **Retrieval Practice**



Question	A1	A2	А3	А4	A5
A. What is Applique?	A Decorative Technique	A sewing technique	A type of material	A type of Felt	A design technique
B. What is a Material Life Cycle?	The Cycle of Silkworms	The Cycle of Smart Fibres	The cycle of a product	The cycle of fibres	The cycle of a Design process
C. What is a Design Specification?	A listof design solutions	A list of costings	A list of design issues	A list of important points	A detailed list of what the product must be/
D. What are Fibres?	A thin thread of a natural or synthetic sub stance	A source of material	An origin of cotton	A type of synthetic fibre	A fraying edge
E. What are Smart Materials?	A material which collects water	Intelligent or responsive materials.	A washing process	A type of clever fabric	A fibre which stretches
F. What are Decorative Techniques?	Methods of decorating the walls	Techniques to improve the design	Methods of decorating fabrics.	Decorations t o add to a Christmas tree	Techniques to add to shoes
Question	Quick Cor	rections (brid	lge learning g	aps & miscon	ceptions)

#### Career Focus - Where could this take you?





A Graphic Designer creates visual images or layouts for their clients. Graphic designers use digital software to create their unique images. A graphic designer can create visuals for a range of media, including social media posts, websites, company logos and print materials.

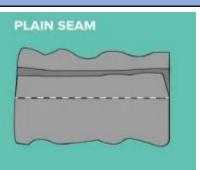
Huddersfield University offer an BA Hons degree in Graphics Design, and you will need 5 GCSE grades 5 and above and a higher-level certificate in the subject.

Salaries usually range from £45,000 - £67,000

#### **Challenge Activities**



Can you create the seams opposite? If you have a Sewing machine, it will Make it easy for you. If not, you can sew it by hand,





#### **Topic Links**



#### Additional Resources



This topic links to:

- Science- How smart fibres and created and used in end products.
- English- Subject specific Vocabulary knowledge, understanding and spelling.
- Maths- Calculating our own carbon footprint.

To further practise and develop your knowledge see: What is Smart Textiles – YouTube

<u>Technical Textile - Types and Application of Technical</u> <u>Textile - YouTube</u>

Textiles Decorative techniques — YouTube Heat Transfer Printing | textile art | 열전사염 | Basic Part III - YouTube



# **Year 9 Resistant Materials**

The aims of the sequence of learning are to ensure that all students:

- Demonstrate safe use of tools and equipment.
- Explain a range of material properties and end uses.

  Rank materials in order of environmental impact.
- $\bullet \quad \text{Annotate design} \, solutions \, with \, manufacturing \, production \, in \, mind.$
- $\bullet \quad {\sf Demonstrate} \ {\sf an} \ {\sf understanding} \ {\sf of} \ {\sf Card} \ {\sf Prototyping}.$

Keyword	Definition
Seasonal	Seasoning wood is the process of correctly drying timber in order to remove moisture in the cells of the wood walls.
Specification	an act of describing or identifying something precisely or of stating a precise requirement.
Mass Production	the production of large quantities of a standardized article by an automated mechanical process.
Batch Production	Batch production is a method of manufacturing where the products are made as specified groups or amounts, within a time frame
Ergonomics	Human factors and ergonomics are the application of psychological and physiological principles to the engineering and design of products.
Anthropometric Data	A list of <u>units of measurement</u> based on <u>human body</u> parts or the attributes and abilities of humans.
JIT Production	Just-in-time manufacturing tries to match <u>production</u> to <u>demand</u> by only supplying <u>goods</u> which have been ordered and focuses on efficiency.
Continuous Production	Continuous production is a <u>flow production</u> method used to <u>manufacture</u> , produce, or process materials without interruption.
Resistor	A resistor is a <u>passive</u> <u>two-terminal electrical component</u> that implements <u>electrical resistance</u> as a circuit.
Micro Controller	A microcontroller contains one or more <u>CPUs</u> ( <u>processor cores</u> ) along with <u>memory</u> and programmable <u>input/output</u> peripherals.
Modifications	A change in design/ product which makes it better.
LED	is a light-emitting diode.
PET	most common thermoplastic polymer resin of the polyester family
Poly Propylene	a thermoplastic polymer used in a wide variety of applications.
HDPE	thermoplastic polymer produced from the monomer ethylene

# **Key Concepts Vacuum Former** Acrylic **Polythene** ABS ...... ∞ ... **Switch** Resistor Microcontroller **LED** Health **Modifications** Time **Process** & Safety **Constraints**



# Academy Year 9 Anglepoise Lamp Project

The aims of the sequence of learning are to ensure that all students:

- Demonstrate safe use of tools and equipment.
- Explain a range of material properties and end uses.
- Rank materials in order of environmental impact.
- Annotate design solutions with manufacturing production in mind.
- Demonstrate an understanding of Card Prototyping..





Question	A1	A2	А3	A4	A5
A. What is rethinking?	Designing	Making	Discarding	Creating	Upscaling
B. Whatis reusing?	Maintaining	Discarding	Making	Upscaling	Creating
C. Whatis recycling?	Cre a ti ng	Upscaling	Discarding	Making	Collecting
D. Whatis repairing?	Making	Fixing	Creating	Discarding	Upscaling
E. What is reducing?	Discarding	Making	Imprint	Creating	Upscaling
F. Whatis refusing?	Creating	Discarding	Upscaling	Morals	Making
G. What is mass production?	Detailed	Maintenance	Rapid	Thousands	Expensive
H. What is batch production?	Hundreds	Detailed	Detailed	Maintenance	Rapid
I. What is one off?	Maintenance	Rapid	Expensive	Detailed	Singular
J. What is continuous?	Expensive	Ongoing	Maintenance	Rapid	Detailed
K. What is seasonal?	Rapid	Expensive	Monthly	Maintenance	Thousands
L. What does the JIT process provide?	Expensive	Thousands	Rapid	Efficiency	Maintenance

Question	Quick Corrections (bridge learning gaps & misconceptions)

#### Career Focus - Where could this take you?





Architects are responsible for designing buildings that meet the needs of their clients and comply with local building codes. Architects work with clients and other professionals to develop project plans that outline the scope, budget, and timeline for the project

Huddersfield University offer an Architectural Technology BSc(Hons) and you will need 5 GCSE grades 5 and above and a higher-level certificate in the subject.

Salaries usually range from£21,000-£80,000

## Challenge Activities- Can you match the correct product to material?









# PTE Poly Propylene

**HDPE** 

## **Topic Links**



#### **Additional Resources**



This topic links to:

- Science- The creation of Plastics.
- English- Subject specific Vocabulary knowledge, understanding and spelling.
- Maths- Measurements and scales of productions.

To further practise and develop your knowledge see:

https://youtu.be/iO3SA4YyEYU

https://voutu.be/\_6xINvWPpB8

https://youtu.be/eISJ33Scrnc



# **Year 9 Food Tech**

The aims of the sequence of learning are to ensure that all students:

• Successfully apply knowledge of food legislation when applied to case studies

Recall a range of factors that inform food choices

Demonstrate ability to effectively adapt recipes for a range of food choice factors

Keyword	Definition
Legislation	rules or laws relating to a particular activity that are made by a government
FSA (food standards agency)	responsible for food safety and food hygiene in England, Wales and Northern I reland.
Food safety act	The Food Safety Act 1990 is a vital part of environmental law and is an act that all food businesses in the UK must comply with.
Adaptation	Changing the ingredients or cooking methods of a dish in some way
Shortening	<b>Shortening</b> is any <u>fat</u> that is a solid at <u>room temperature</u> and used to make <u>crumbly pastry</u> and other food products.
Aeration	Aeration is the process of adding very tiny pockets of air to something. In the case of fats and oils, this is normally done using mechanical/physical means, such as creaming a mixture together using a wooden spoon or using an electric whisk.
Coagulation	Coagulation is defined as the change in the structure of protein (from a liquid form to solid or a thicker liquid) brought about by heat, mechanical action or a cids. Enzymes may also cause protein coagulation e.g. cheese making.
Food choices	Calcium is a mineral your body needs to build and maintain strong bones and to carry out many important functions.
Dietary needs	Carbohydrates provide energy for the body. The body breaks carbohydrates down into glucose, which is the primary energy source for the brain and muscles.
Coeliac	Coeliac disease is a condition where your immune system attacks your own tissues when you eat gluten.
Lactose intolerance	<b>Lactose intolerance</b> is when you get symptoms, such as tummy pain, after eating food containing lactose, a sugar found in dairy products.
Allergy	An allergy is a reaction the body has to a particular food or substance.
Intolerance	an inability to eat a food or take a drug without adverse effects.
Vegan	Veganism is the practice of abstaining from the use of animal product—particularly in diet—and an associated philosophy that rejects the commodity status of animals.
Ethics/ethical	relating to beliefs about what is morally right and wrong

## **Key Concepts**



The Food Standards
Agency (FSA) is
responsible for food
safety and food hygiene
in England, Wales and
Northern Ireland. It
works with local
authorities to enforce
food safety regulations
and its staff work in meat
plants to check the
standards are being met.

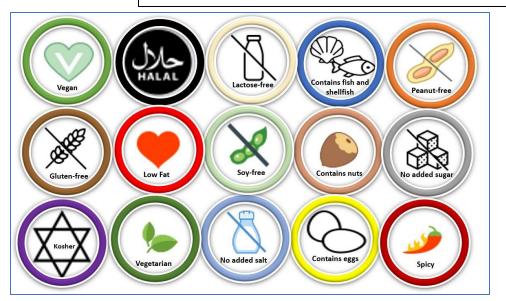
#### Food Standards Act 1999

The Act was introduced in the House of Commons in 1999. It sets out our main goal to protect public health in relation to food. It gives us the power to act in the consumer's interest at any stage in the food production and supply chain.

#### Food Safety Act 1990

The main responsibilities for all food businesses covered by the Act are to ensure that:

- businesses do not include anything in food, remove anything from food or treat food in any way which means it would be damaging to the health of people eating it
- the food businesses serve or sell is of the nature, substance or quality which consumers would expect
- the food is labelled, advertised and presented in a way that is not false or misleading



## Spaghetti Bolognese



## **Equipment:**

- Chopping board
- Vegetable knife
- Vegetable peeler
- Sauce pan
- Frying pan
- Tin opener
- Wooden spoon
- Measuring jug
- Colander
- Weighting scales

#### Ingredients:

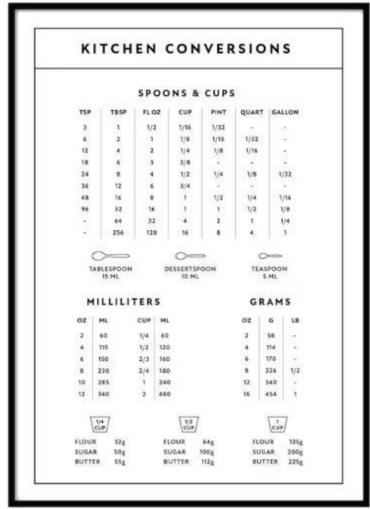
- 1 onion
- 1 clove garlic
- 1 carrot
- 1 celery stick or pepper
- 1 x 15ml spoon oil
- 250g minced beef
- 1 x 400g canned chopped tomatoes
- 100g pasta

Note you can have mushrooms or peppers if you like.

## Method:

- 1) Prepare yourself.
- 2) Put water into sauce pan and place on to the hob. Turn on the hob.
- 3) Prepare the vegetables:
- · Peel and chop the onion;
- Peel and crush then garlic;
- Peel and slice the carrot;
- Finely chop the celery.
- 4) Fry the onion, garlic, carrot and celery in the oil.
- 5) Add the meat and cook until the mince is lightly brown.
- 6) Add tomatoes, tomato puree, mixed herbs and water and mix all the ingredients
  - together. Then add a few twists of black pepper.
- 7) Bring to the boil, then simmer for 20 minutes.
- 8) Meanwhile, place the spaghetti in separate sauce pan of boiling water. Cook for 10-12
  - minutes or until the spaghetti is 'al dente'.
- 9) Drain the water from the spaghetti using a colander.
- 10) To serve, pour some of the Bolognese sauce over the spaghetti.

Skills:	Definition:		
1.	General practical skills: General practical skills including: weighing, measuring, preparing ingredients and equipment, correct cooking times, testing for readiness and sensory testing.		
2.	Knife skills: including: fruit, vegetables, meat fish or alternatives.		
3.	Preparing fruit & vegetables: size & shape		
4.	Use of the cooker (and Skills 6: Cooking Methods): Using the cooker including: the hob, grill and oven.		
6.	Cooking methods: Using the cooker including: the hob, grill and oven.		
7.	<b>Preparing, combine and shape:</b> Techniques to prepare, cook and combine different ingredients.		
8.	Sauce making: starch based, reduction and emulsions.		





# **Year 9 Food Tech**

The aims of the sequence of learning are to ensure that all students:

- Use safe and hygienic practices in a working kitchen environment
- Demonstrate sound preparation skills of both equipment and ingredients

Safely use a range of cooking techniques, a ppropriate to the task

## **Chocolate Brownies**





#### **Ingredients**

- 170 grams Margarine or butter
- 200 grams Dark chocolate
- 100 grams Self Raising flour
- 250 grams Sugar
- 2 large eggs
- Optional nuts, marshmallows, biscuits, cream eggs

\*\* Oven proof dish \*\*\*

### Equipment:

- 2 bowls
- Square tin
- Wooden spoon
- Spatula
- Cooling tray



#### Career Focus - Where could this take you?





I am a food critic and I analyse the food and restaurants around the country and write about them in newspapers, magazines and blogs.

## Method

- Pre- heat oven to 180 degrees
- Grab 2 bowls
- Grease and line a square tin. See Demo
- Melt the butter and the chocolate in the microwave for 30 seconds at a time until melted, beat with a wooden spoon.
- Leave to cool while you prepare the other ingredients.
- In a bowl add the sugar and eggs. Beat together.
- Fold in the cooled chocolate mixture.
- Add the flour
- Pour into the tin and bake for 30 minutes. They should still be soft in the centre.
- Turn out onto a cooling tray.

Skills:	<u>Meaning</u>
1.	General Practical Skills: Weighing ingredients, measuring, preparing ingredients and equipment, correct cooking times, testing for readiness and sensory testing.
2.	Knife skills: Can use equipment safely. Slicing, dicing and chopping
3.	Preparing fruit and vegetables: I can prepare fruit and vegetables in many different ways: Slicing, peeling, grating, dicing and chopping.
4.	Use of the cooker (and Skills 6: Cooking Methods): Using the cooker including: the hob, grill and oven.
6.	<b>Cooking Methods:</b> Using the cooker including: the hob, grill and oven.
7.	<b>Preparing, combine and shape:</b> Techniques to prepare, cook and combine different ingredients.
11.	Raising Agents: Use of raising agents including: eggs, chemical, steam and biological.

## **Challenge Activities**



Try some of these recipes at home Follow the links below:

- Swiss Roll
- Lasagne
- Breakfast Muffins

Food skills are acquired, developed and secured over time

Bridge hold

Claw grip

#### **Topic Links**



## Additional Resources

This topic links to:

- Mathematics use standard units of mass, length, time, other measures
   Science: Nutrition and
- digestion
   Physical health and fitness The characteristics

and mental and physical benefits of an active lifestyle.

Eat well video resource

To further practise and develop your knowledge see: Eat well guide Quiz Eat well guide



# **Year 9 Film Music**

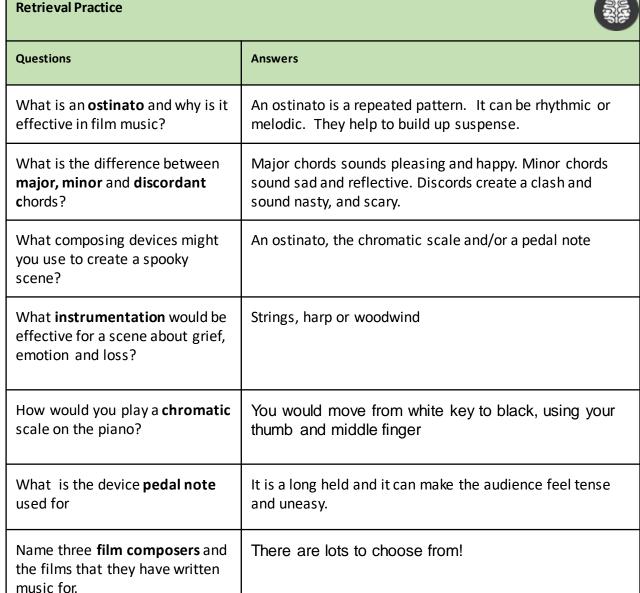
The aims of the sequence of learning are to ensure that all students:

- Learn to perform a range of film music, developing performance skills
- Listen with discrimination to film music and be able to recognise a range of composing devices

Compose music suitable for a scene, that uses a range of musical devices
 Use audio software to edit and enhance compositions

215	Career Focus - Where could this take you
	Tareer Focus - where como mis take voi







I am a composer for film and TV programmes. I write in a variety of different styles to suit the job that I am commissioned to do. I use a range of musical skills but mostly my keyboard and music technology skills are used. Sometimes I work with other musicians, and film directors and producers. I have an excellent understanding of composing devices and how musical cliches work.

#### **Challenge Activities**



- Music in a film is there to set the scene, enhance the mood, tell the audience things that the visuals cannot, or manipulate their feelings. Sound effects are not music!
- Some music is composed specially for a film (original). Much of this is broadly classical in style
- Some music used in film soundtracks was composed for other (non-film) purposes but is adopted for use in a film because it fits the film-maker's intentions.
- Watch a film and think about what mood the music is creating. What musical devices can you recognise?

#### **Topic Links**



#### Composers to have a listen to...



**Drama** – actors and directors on stage have to think about the music they will use to support their action **History** – very often, film music helps to set the time or

**History** – very often, film music helps to set the time or age of a film. Watch a film from a different time period and think about how the music reflects that

Computing — in Computing you will learn to edit sound and moving image, which is a transferable skill to music

- James Horner
- Danny Elfman
- Thomas Newman
- Rachel Portman
- Ennio Morricone
- John Barry



# **Year 9 Film Music**

The aims of the sequence of learning are to ensure that all students:

- Learn to perform a range of film music, developing performance skills
- Listen with discrimination to film music and be able to recognise a range of composing devices
- Compose music suitable for a scene, that uses a range of musical devices
- Use audio software to edit and enhance compositions

Keyword	Definition	
Dynamics	How loud or quiet the music is and how it changes - suddenly or gradually	
Tempo	How fast or slow the music is and how it changes - suddenly or gradually	
Texture	The layers of sounds/instruments — thick or thin	
Attack and Decay	How the sounds start and stop – fading in and out or attacking suddenly	
Pitch	How high or low the music is	
Instrumentation	The instruments that are used	
Ostinato	An idea that repeats again and again	
Pedal Note	A long, held note	
Discord	A clashing chord – usually sounds quite nasty	
Major	A happy and bright sounding chord	
Minor	A sad and sombre sounding chord	
Chromatic Scale	Moving by semitones	

## **Key Concepts**

Woodwind

Bassoon

Brass

Tuba

Harp

Strings

Glockenspiel

Timpani/Drums

Tremelo strings



Ostinatos are musical ideas that repeat — they are used in music to drive tension, create suspense and to help us respond to characters



Instrumentation is how we use musical instruments to create associations with feelings or events or stories. These are called musical cliches. Examples are:

A **pedal note** (or pedal point) is a long held note that often has other musical ideas happening at the same time. It is a Clever way to make a scene more tense

The chromatic scale is where we move by semitones. On the piano, this is from white key to black key. This creates a really spooky sound

Natural sounds such as bird songs, animals, rivers etc

Sometimes for comin effect (eg. A drunk person)

Soldiers, war, royalty, ceremonial occasions

Large and slow moving things

Tenderness, love

Magic, music boxes, fairytales

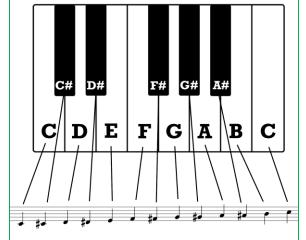
War, fighting, thunder

Used to portray emotions, passion, grief etc

Tension, fear, drama

A **discord** is a chord where the notes clash. This is usually because the notes are very close together, in a cluster







Shuttle

Net

Court

Table

Serve

Let

Drop shot

Forehand shot

Backhand shot

## **Year 9 Net and Wall Games**

The aims of the sequence of learning are to ensure that all students:

- Can identify at least five core skills required for net and wall games
- Demonstrate core skills in a game situation • Lead a small group of peers in a skill practice session

## Keyword **Definition** Racket A piece of equipment with a handle, frame

divides the court in two.

and head. This is used to hit the shuttle or ball over the net

is hit over the net with the racket. Rectangular net placed across the court. It

A cone shaped object with a cork base. This

The playing surface area marked out with lines

The playing surface used to play table tennis

A shot that is selected to start a game in net and wall activities

Shot taken with the palm of your hand facing the direction of the stroke Shot taken with back of your hand facing the

direction of the stroke across your body

The shuttle or ball hits the top of the net and lands in the service box. The serve is retaken for fair play

The shuttle or ball is hit gently so it falls just over the net

Applying rotation on the ball so it moves Spin faster in the air and rebounds on the table Clear shot A defensive shot where the shuttle is placed to the back of the court

#### **Key Concepts** You should already know: - The aim of net and wall games

• Demonstrate core skills in a practice situation

# You will be assessed on: - Understanding - Technique in isolation - Technique in game - Leadership - Attitude to learning

#### Table Tennis

#### Ready Position

Players should always be in the ready positon before receiving

- Knees bent
- Feet shoulder width apart
- Feet shoulder width apart
- Racket should be level with the table and in front of body



- Controlled backswing so your elbow bends inwards towards chest (making an L shape)
- · Forward movement comes from the elbow making contact underneath the ball
- · Finish by extending your arm in the follow through (changing from an L shape to a I shape)

#### Forehand Drive

- Ready position
- Controlled backswing, with striking arm opening up
- Positive forward movement, arm moves forward and weight transfers from right to left foot
- Follow through the shot, moving upwards and finishes in line with your nose

- Strike the ball on top of the bounce

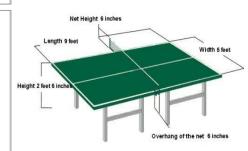
#### Backhand serve

- Ready position
- The ball rests in the palm of the resting hand
- Arm moves back towards chest
- Toss the ball up (at least 15cm)
- Forward movement comes from the elbow making contact down on the ball so it bounces on your half of
- Head should be over the ball when making contact
- Follow through by returning to the ready position

- 9 feet (2.74m) long,
- 5 feet (1.525m) wide and
- 2 feet 6 inches (76cm) high

#### .. and the net is

- 6 feet (1.83m) long and
- 6 inches (15.25 cm) high.



The aim of badminton is to hit the shuttle with your racket so that it passes over the net and lands inside your opponent's half of the court. Whenever you do this, you have won a rally; win enough rallies, and you win the match.

Your opponent has the same goal. He will try to reach the shuttle and send it back into your half of the court. You can also win rallies from your opponent's mistakes: if he hits the shuttle into or under the net, or out of court, then you win the rally.

#### Scoring

A point is scored when you successfully hit the shuttlecock over the net and land it in your opponent's court before they hit it. A point can also be gained when your opponent hits the shuttlecock into either the net or outside the parameters

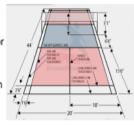
To win a game you must reach 21 points before your opponent. If you do so then you will have won that set. If the scores are tied at 20-20 then it comes down to whichever player manages to get two clear points ahead. If the points are still tied at 29-29 then the next point will decide the winner of the set. Winning the overall game will require you to win 2 out of the 3 sets played.

#### The Court

The overall dimensions of a badminton court is 20 feet by 44 feet. The lines along these measurements mark the side-lines for doubles play and long service lines for singles play.

The net line marks the middle of the court where the net is placed, creating a 22 feet by 20 feet area on each side of the net.

The badminton net measures 5 feet tall in the centre





# Year 9 Net and Wall Games . Can identify at least five core skills required for Demonstrate core skills in a practice situation

The aims of the sequence of learning are to ensure that all students:

- Can identify at least five core skills required for net and wall games

- Demonstrate core skills in a game situation
- Lead a small group of peers in a skill practice session

#### **Retrieval Practice**

What are some of the

core skills needed for

badminton and why

are they important?

What are some of the

core skills needed for

attacking in table

they important?

tennis and why are

defending in

**Answers** 

Questions



#### What are some of the 1. Smash shot is a core skill. The aim is to hit the shuttle as hard as possible to the oppositions side of the court floor, so they are unable to return the shot due to the core skills needed for attacking in badminton velocity (speed and direction) placed on the shuttle. 2. The long serve is a core skill for attacking in badminton. The aim is to send the and why are they important?

opponent to the back of the court, so they find it more difficult to return the shuttle back to you. If the shuttle is returned, it shall usually be a high return giving (you) the attacker time to react by selecting the smash shot in order to win the next point

The overhead clear shot is used in a rally situation so that you force your opponent to move to the back of the court. This then allows you time to get prepared into a

- better court position and to apply attacking tactics to win the next point. The drop shot is a gentle forehand or backhand shot that applies little force to the shuttle, so it drops just over the net. This is usually a defensive shot as it slows down the speed of the rally. It does however have an advantage of attacking if your opponent is at the back of the court. The shot can force your opponent to move and make an error.
- 1. Top spin forehand drive shot is a fast open palm shot facing the direction of the stroke. By placing top spin on the ball, the balls rotation means it travels faster through the air and recoils off the table meaning that the opponent will find it hard to react to return the shot successfully. This means you are more likely to win the point in a game.
- Back spin forehand or backhand shot is skill that is designed to slow down the speed of a rally in table tennis. It forces the ball to gently land just over the net and stop dead. This means the opponent has to move quickly forward from the back of the table to the front of the table.
- What are some of the Backhand push shot and the forehand push shot are two skills designed to slow core skills needed for down the speed of a rally in a game. This gives the person more time to react to the next shot so they can have time to think about where they want to place the ball defending in badminton and why when they are in a better attacking position so they can then try to win the next are they important? point.

### Career Focus - Where could this take you?



I am a sports sales executive. I have a degree in Sports Science Technology. A sports sales executive is a sales professional who specialises in sports sales. My responsibilities include persuading people to buy our products, negotiating sales prices, presenting to clients and meeting sales targets.

#### **Challenge Activities**



#### Design a skill card:

This can be used in a PE lesson to help a student to assess their current ability level.

The skill card should have basic key instructions and diagrams that you have learnt from badminton or table tennis.

#### Create a rules of the game poster:

This can be used by all students in their PE lessons for badminton or table tennis when their role is umpiring a game so that all games can be played fairly, following RITA values.

#### **Topic Links**



#### **Additional Resources**



#### This topic links to:

- Science The role of the cardiovascular system; the physics of sports
- English understanding and defining key terminology
- Mathematics problems olving, recording figures and a nalysing performance and score keeping
- Voice 21 coaching peers and explaining rules by officiating

#### To further practise and develop your knowledge see:

https://www.badmintonengland.co.uk/

https://www.tabletennisengland.co.uk/



## **Year 9 Health and Fitness**

The aims of the sequence of learning are to ensure that all students:

You will be assessed on: - Understanding - Technique - Application - Leadership

Being a ble to demonstrate the: set up, completion and interpretation of fitness tests. Learning about and understanding the components of fitness and how they can be trained. Learning which components of fitness are important to specific types of a thlete. Learning about and completing training sessions to train specific components of fitness. Learning how to live a healthy, active lifestyle.

Key Concepts You should already know: - Some components of fitness and be able to apply them to a healthy and active lifestyle

Keyword	Definition
Power	This is the ability to perform maximum strength and maximum speed of your muscles in order to generate forces to move an object or propel yourself forward.  Power = strength x s peed.
Co-ordination	The ability for muscles to work together in pairs to move different body parts at the correct time with ease and efficiency.
Reaction Time	The time taken for a person to respond and initiate movement to a stimulus (object or person or sound).
Agility	The ability to change direction at speed in a controlled movement without loosing balance.
Balance	The ability to maintain your centre of mass and control of sports performance either statically (stationary) or dynamically (moving).
Speed	The rate at which a person moves as fast as possible to cover a distance over the shortest time possible. Speed=distance/time.
Cardi ovascular endurance	The ability for the heart and blood vessels to transport oxygenated blood to the working muscles in sports performance. The performer can work at a moderate level of intensity for a long period of time without getting fatigued (tired).
Muscular strength	This is the maximum force that can be applied from muscles in order to overcome resistance (external force) so that movement can take place.
Muscular endurance	The ability for musclesto work in a repeated muscular action in unison at moderate intensity for a long period of time without them getting fatigued (tired).
Flexibility	This is the range of movement that can be performed around a joint by the muscles, ligaments and tendons without any pain or over stretching.
Body composition	This is the combined total percentage of fat, bone and muscles ratio (amount) made up by a persons body.



Health and Fitness Key Concepts

The Principles of Training (SPORT) is used to create a training programme that is designed to improve a persons performance over time.

What ways can you see how changed have been

What ways can you see how changed have been made in the programme below.

	13.	46.	78.
	Week	Week	Week
Action	Action/	Action/	Action/
	Repetition	Repetition	Repetition
Jump Squat	20 sec x 3 repetition	35 sec x 3	40 sec x 3 repetition
Alternate Legs Jump	20 repetition	25 repetition	25 repetition
Squat	25 repetition	35 repetition	25 repetition
Chunch	30 repetition	35 repetition	30 repetition
Lying Twist Trunk	25 sec x 2	30 sec x 2	25 sec x 3
	repetition	repetition	repetition
Lunge	30 sec x 3	35 sec x 3	30 sec x 3
	repetition	repetition	repetition
Side Plank	30 sec x 2	40 sec x 2	35 sec x 3
	repetition	repetition	repetition
Burpee	30 sec x 2	40 sec x 3	35 sec x 3
	repetition	repetition	repetition
Mountain Climber	30 sec x 2	40 sec x 2	35 sec x 2
	repetition	repetition	repetition
Twist With Medicine	30 sec x 3	45 sec x 2	30 sec x 3
Ball	repetition	repetition	repetition



## Academy Year 9 Health and Fitness

The aims of the sequence of learning are to ensure that all students:

Being a ble to demonstrate the: set up, completion and interpretation of fitness tests. Learning about and understanding the components of fitness and how they can be trained. Learning which components of fitness are important to specific types of a thlete. Learning about and completing training sessions to train specific components of fitness. Learning how to live a healthy, active lifestyle.

#### **Retrieval Practice:** Match the word banks to the for a correct explanation on the methods of training **Questions: Answers:** Use the word banks Use the words to match to create the correct sentence for each method of below: training. Continuous training: times rest Continuous Training involves performing an for an extended period of activity swimming without (often longer than 20 minutes). Activities might be jogging, \_\_\_\_\_\_, time cycling, walking or rowing and should be completed at least 3 or 4 a to week improve endurance. aerobic Acceleration Sprints Pace Repetitions Acceleration sprints involve changing the \_\_\_\_ of the sprint and gradually increase Resistance speed from a \_\_\_\_\_ or rolling start to jogging, followed by \_\_\_\_ and a Hill maximum sprint. Different drills can be used such as drills and sprints Striding where speed is the focus. This type of training requires regular rest intervals of jogging Standing or that is used in between . walking Weight training strength stronger Weight Training is an effective way to improve \_\_\_\_\_, this is done by free or resistance machines to place \_\_\_\_\_ on certain muscles. As the weights stress tears muscle works lifting weights, small occur in between individual muscle fibres size hours repair which naturally over 24 so that they become bigger and . This also leads to increases in \_\_\_\_ and strength of the overall

muscle.

#### Career Focus - Where could this take you?





I am a gym fitness technician. I visit gyms within a designated area and make sure all the equipment is safe and in a good working condition. This is so that the people using the equipment can exercise and avoid any injuries. If the equipment has stopped working, I have to investigate the problem. I order new parts and repair them so the machines can be used again.

#### **Challenge Activities**



#### Design a training programme:-

Can you create a 4-week training programme that shows 5 different exercises that get progressively harder each week. Use the example provided on the previous page for guidance.

#### Create a match the keywords to definition poster:-

This can be used by all students in their PE lessons as memory recall revision task. Select between five to eight different key words and match them to the correct definition answers. Make sure on the reverse of your skill card you have included the correct answers so students can test and assess themselves and others.

### **Topic Links**



#### **Additional Resources**



#### This topic links to:

- RSHE Understanding how physical activity can reduce stress and anxiety and promote physical, mental and social wellbeing
- English understanding and defining key terminology
- Mathematics problems olving, recording figures and a nalysing performance.
- Voice 21—coaching peers with their training sessions

To further practise and develop your knowledge see:

https://www.topendsports.com/testing/tests/

https://www.brianmac.co.uk/eval.htm



# **Usernames and Passwords**