

STUDY SUPPORT PACK



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ACADEMIC YEAR 24-25

GUIDANCE FOR STUDENTS & FAMILIES TO SUPPORT STUDY THROUGHOUT THEIR NEWSOME CAREER JOURNEY...



All families and students are to know the GCSE exam boards they are studying to fully prepare.

- ENTRY LEVEL MATHS - AQA
- ENTRY LEVEL SCIENCE - AQA
- ENTRY LEVEL GEOGRAPHY - OCR
- ENTRY LEVEL HISTORY - OCR
- STEP UP TO ENGLISH - AQA

- ART & DESIGN (ART, CRAFT & DESIGN) - AQA
- ART & DESIGN (PHOTOGRAPHY) - AQA
- BIOLOGY - AQA
- CHEMISTRY - AQA
- COMBINED SCIENCE TRILOGY - AQA
- ENGLISH LANGUAGE - AQA
- ENGLISH LITERATURE - AQA
- GEOGRAPHY - AQA
- MATHS (HIGHER) - AQA
- MATHS (FOUNDATION) - OCR
- PHYSICS - AQA
- RELIGIOUS STUDIES - AQA
- POLISH - AQA

- GERMAN - PEARSON EDEXCEL
- FRENCH - PEARSON EDEXCEL
- ARABIC - PEARSON EDEXCEL
- HISTORY - PEARSON EDEXCEL
- ITALIAN - AQA
- PERSIAN - PEARSON EDEXCEL
- SPANISH - AQA
- PERFORMING ARTS - WJEC
- COMPUTING (DIT) - PEARSON EDEXCEL
- MUSIC - PEARSON EDEXCEL
- FUNCTIONAL SKILLS ENGLISH LEVEL 2 - AQA
- BUSINESS & ENTERPRISE - NCFE
- HEALTH & FITNESS - NCFE
- FOOD & COOKERY - NCFE




STICK THIS TO YOUR FRIDGE DOOR AND BEDROOM WALLS!



GCSE COURSES

ALL Year 10/11 students should know what course they are studying – please keep pushing this at home. Ensure you use the online materials that are available to support your studies. Also use the next page to support your revision and studies.





Here is a reminder of the resources that are on offer to you whilst learning at home. Students are lucky enough to get above and beyond that of most schools and it's important these are taken advantage of for success.

KEY STAGE 3 (YEARS 7,8,9)

KNOWLEDGE ORGANISERS

This is broken down per each half term and contain content and questions to work from home on.

HOMEWORK SCHEDULE

This supports time management at home and a guide for Teachers so work issuing is not given all in one go.

KEY STAGE 4 (YEARS 10& 11)

EXAM BOARD LIST

The list on the previous page offers guidance of the vast range of online resources such as past papers etc. This should be used as a guide.

REVISION GUIDES

ALL students have/will been given **FREE** guides which they should have at home. There's no excuses for loss


WIDER SUPPORT

ADDITIONAL SOFTWARE LINKS | WELLBEING APPS | INDEPENDANT STUDY GUIDES



HOME LEARNING





Each subject area uses additional software to support learning - this provides learning outside the classroom...

Subject-Specific Software Packages to Support Study

<p>ENGLISH Mr Bruff's Video Guides (KS4) Spark Notes</p>	<p>MATHS Corbett Maths Sparx Maths</p>	<p>SCIENCE Educake</p>
<p>GEOGRAPHY GCSEPod</p>	<p>HISTORY GCSEPod</p>	<p>RE Seneca Learning GCSE Bitesize GCSEPod</p>
<p>LANGUAGES Active Learn Active Hub</p>	<p>MUSIC Music - BBC Bitesize BandLab: Make Music Online</p>	<p>VTC BFI iAchieve</p>

<p>GENERAL Oak National Academy GCSEPod BBC Bitesize Reading Plus</p>
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SUBJECT WEBSITES





We have researched the best apps that students can download to support their wellbeing...

MINDSHIFT

MindShift app is based on to help young adults cope with anxiety, by acting as a portable coach that guides users through challenging situations. Designed in collaboration with Anxiety Canada, this app teaches users how to relax and helps them identify active steps to directly face and take charge of their anxiety. The app provides a variety of methods for young people to respond to anxiety including; developing their knowledge of anxiety and symptoms, engaging in relaxation tasks, evaluating their level of anxiety in particular situations, developing realistic thinking patterns and changing behaviour.

Specific tools help users tackle issues such as improving their sleep quality, dealing with perfectionism, and handling conflict. These tools address everyday situations that contribute to increased levels of anxiety to help users change their overall relationship with anxiety. The goal is to help young people learn and practice anxiety coping skills.

HEADSPACE

Headspace: Guided Meditations and Mindfulness takes a calm, relaxed approach to bringing calm relaxation into the lives of adults and kids. Headspace app, aims to keep children “calm and focused” through short meditation exercises.

The app will help children fall asleep and wake up peacefully. It uses common meditation techniques like becoming aware of environmental sounds, breath awareness, breath counting, and more. Children can learn the basics of meditation and mindfulness. Children can follow the instructions and are reminded by the app to meditate each day. They can develop the habit of making time for personal growth and self-reflection in different situations, such as bedtime and waking up. It is also being used by mental health professionals and licensed therapists in medical sector.

MOODPATH

Moodpath is an interactive depression and anxiety screening program. This app tracks psychological, emotional and physical health over a two-week period in order to generate a personalised mental health assessment that users can discuss with their doctor or counsellor. The app also contains an educational component to teach users about the psychology behind their mood, signs of depression, and psychotherapy. It's one of the best apps that help youth and young adults with mental health struggles that include CBT and wellness.

SMILING MIND

Smiling Mind is designed to help people pressure, stress, and challenges of daily life. This app has a fantastic section on Mindfulness in the Classroom. An especially good choice for the younger users out there, as it was created specifically with students in mind. Smiling Mind offers programs for a variety of age groups, including 7-9, 10-12, 13-15, 16-18 and adults. The app has an easy-to-use interface for keeping track of your progress over time, both in terms of how many sessions you complete and how your emotions change.



WELLBEING APPS





WE OFFER A RANGE OF CLUBS FOR FUN AND LEARNING THAT STUDENTS CAN TAKE ADVANTAGE OF...



**EXTRA
CURRICULAR
CLUBS
AUTUMN
3PM-4PM**

Day	Club	Location	Staff Lead
MONDAY	<ul style="list-style-type: none"> Netball Y7 – Y10 Homework Club – All years Cooking Club Table Tennis Algebra Level 3 – Invitation only 	<ul style="list-style-type: none"> Sports Hall/ Astro 608 602 Gym 407 	<ul style="list-style-type: none"> HR/MHO DF GC GEA/JDA MAS
TUESDAY	<ul style="list-style-type: none"> Wheelchair Basketball Club (invitation only) 	<ul style="list-style-type: none"> Sports Hall 	<ul style="list-style-type: none"> SCU
WEDNESDAY	<ul style="list-style-type: none"> Homework Club Girls Football Choir Football YR 9/10 BSL club 	<ul style="list-style-type: none"> 608 Astro 402 Field 803 	<ul style="list-style-type: none"> DTU External EC GEA/JDA DCR
THURSDAY	<ul style="list-style-type: none"> GCSE Art catch up KS4 Homework Club Football YR 7/8 Music Club All years KS4 Dance Sewing Club KS3 	<ul style="list-style-type: none"> 609 608 Field 402 DS 607 	<ul style="list-style-type: none"> LS NM GEA/JDA AM SMT KC
FRIDAY	<ul style="list-style-type: none"> Climbing 	<ul style="list-style-type: none"> Gym 	<ul style="list-style-type: none"> LS





ACADEMY CHOIR

PLEASE SPEAK TO MS
COLE IN THE VTC
DEPARTMENT.



Everybody
Welcome



ADDITIONAL
ENRICHMENT
OPPORTUNITIES





Studying at Home to ensure improved life chances...

We have listened to your and your children's feedback regarding homework and as a result we have made some changes to our independent study expectations. We hope this will mean that the routine is clearer and simpler for all students and families to access while still ensuring all home study is effective in promoting progress.



**INDEPENDENT
LEARNING**



Independent study is an integral part of learning for students to achieve the best possible outcomes. Not only is it important for students to get used to working at home so that they are able to prepare for the study skills necessary for their exams, but it is also a key skill required to cope with professional demands in many careers and industries.

Independent learning will always link to the curriculum studied in school with opportunities to consolidate and practise learning. We believe that this should not place an unnecessary burden on children or parents and carers.

To support this, Key Stage 3 homework will be linked to the key learning objectives in students' Knowledge Organisers so parents and carers have a clear overview of what is being practised. The additional resources section also has a variety of activities to further practise the knowledge and skills as required.

We hope you have seen that your child has already been bringing home a Knowledge Organiser each half-term.

Here, you will find the learning objectives for each half-term in each subject. These objectives will be assessed at the end of each sequence of learning to monitor progress and ensure students know their areas of development and next steps. Each subject will outline:

- Key Vocabulary: subject specific terms and definitions.
- Key Concepts: the core knowledge to be learnt and committed to memory.
- Retrieval Practice: questions and example answers to test and check knowledge through memory recall.
- Career Focus: potential careers and industries linked to the knowledge and skills studied.

- Challenge Activities: additional activities to further accelerate learning.
- Topic Links: other curriculum areas where this knowledge/skill supports learning.
- Additional Resources: support for embedding the key concepts independently.

Please see our website for access to the digital version of our Knowledge Organisers

- <https://newsomeacademy.co.uk/our-students/independent-study>



INDEPENDENT LEARNING



Students will be expected to spend time learning the vocabulary and key concepts in their knowledge organiser and reading their accelerated reader book.

- Every student should spend 1hr per night completing learning and reading assignments as below.
- Every student should spend 20mins reading their book or Reading+ Text each night (Mon-Fri).
- Every student should spend 40mins learning the assigned section of their knowledge organiser each night (Mon-Fri) as per the homework timetable below.
- Each subject will explain to students which section of the knowledge organiser to complete.
- Learning will be evidenced in the student's independent learning log
- This will be evidence of practice using – look, cover, say, write or other specified revision techniques to support memorisation such as labelling a diagram, completing a timeline etc.
- The learning will be assessed using low-stakes tests in class, e.g. vocabulary match-up, spelling test, labelling a diagram etc.
- Students can also access the additional learning and challenge activities listed in the knowledge organiser to further consolidate and embed their learning.
- Independent learning will be set as per the timetable below for each year group to ensure it is spread out across the week.
- Failure to complete homework to an acceptable standard will be recorded on Classcharts.



INDEPENDENT LEARNING

YEAR 7

YEAR 8

YEAR 9



Students will have homework set in Microsoft Teams. They can log in with their school email address and password (n####@newsomeacademy.co.uk). Here, they can connect with their class where their assignments will be posted along with helpful resources.


- Learning will be linked with exam preparation.
- Year 11s all receive a full set of revision guides to work through in addition to set homework.
- Please note the assessment calendar for the assessment and mock exams dates.



INDEPENDENT LEARNING

YEAR 10
YEAR 11





Independent learning will be set as per the timetable below for each year group to ensure it is spread out across the week. Failure to complete homework to an acceptable standard will be recorded on ClassCharts.

	Monday	Tuesday	Wednesday	Thursday	Friday
Year 7*	7NEW MFL	English	Science	Maths	7SOM MFL
Year 8*	8NEW MFL	8SOM MFL	Maths	English	Science
Year 9*	MFL	Science	English		Maths
Year 10	English Option C	Maths	MFL Option D	Science	Hums
Year 11	Maths	MFL Option D	English	Hums Option C	Science

- Due to A/B Week timetables, classes in Years 7-9 will receive Hums and VTC homework at different times each week.



HOMWORK CALENDAR





All Year 11 students are expected to take advantage of the additional revision sessions put on for them.

Staff give up their own time to do these and it is vital your child is attending and supported to attend.

Those that do not attend or show commitment to their studies have this reflected in Attitude to Learning Grades (ATL) and in College references.



COMING SOON



**YEAR 11
PERIOD 6**





THE
VANGUARD

