STUDY SUPPORT PACK



- 1. GCSE COURSE OVERVIEW
- 2. HOME LEARNING
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- 4. WELLBEING APPS
- 5. EXTRA-CURRICULAR CLUBS
- 6. INDEPENDENT LEARNING GUIDANCE
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GUIDANCE FOR STUDENTS & FAMILIES TO SUPPORT STUDY THROUGHOUT THEIR NEWSOME CAREER JOURNEY...



All families and students are to know the GCSE exam boards they are studying to fully prepare.

- ENTRY LEVEL MATHS AQA
- ENTRY LEVEL SCIENCE AQA
- ENTRY LEVEL GEOGRAPHY OCR
- ENTRY LEVEL HISTORY OCR
- STEP UP TO ENGLISH AQA
- ART & DESIGN (ART, CRAFT & DESIGN) AQA
- ART & DESIGN (PHOTOGRAPHY) AQA
- BIOLOGY AQA
- CHEMISTRY AQA
- COMBINED SCIENCE TRILOGY AQA
- ENGLISH LANGUAGE AQA
- ENGLISH LITERATURE AQA
- GEOGRAPHY AQA
- MATHS (HIGHER) AQA
- MATHS (FOUNDATION) OCR
- PHYSICS AQA
- RELIGIOUS STUDIES AQA
- POLISH AQA

- GERMAN PEARSON EDEXCEL
- FRENCH PEARSON EDEXCEL
- ARABIC PEARSON EDEXCEL
- HISTORY PEARSON EDEXCEL
- ITALIAN AQA
- PERSION PEARSON EDEXCEL
- SPANISH AQA
- PERFORMING ARTS WJEC
- COMPUTING (DIT) PEARSON EDEXCEL
- MUSIC PEARSON EDEXCEL
- FUNCTIONAL SKILLS ENGLISH LEVEL 2 AQA
- BUSINESS & ENTERPISE NCFE
- HEALTH & FITNESS NCFE
- FOOD & COOKERY NCFE



STICK THIS TO YOUR FRIDGE DOOR AND BEDROOM WALLS!



GCSE COURSES

ALL Year 10/11 students should know what course they are studying – please keep pushing this at home. Ensure you use the online materials that are available to support your studies. Also use the next page to support your revision and studies.



Here is a reminder of the resources that are on offer to you whilst learning at home. Students are lucky enough to get above and beyond that of most schools and it's important these are taken advantage of for success.

KEY STAGE 3 (YEARS 7,8,9)

KNOWLEDGE ORGANISERS

This is broken down per each half term and contain content and questions to work from home on.

HOMEWORK SCHEDULE

This supports time management at home and a guide for Teachers so work issuing is not given all in one go.

KEY STAGE 4 (YEARS 10& 11)

EXAM BOARD LIST

The list on the previous page offers guidance of the vast rage of online resources such as past papers etc. This should be used as a guide.

REVISION GUIDES

ALL students have/will been given **FREE** guides which they should have at home.
There's no excuses for loss

WIDER SUPPORT

ADDITIONAL SOFTWARE LINKS I WELLBEING APPS I INDEPENDANT STUDY GUIDES



HOME LEARNING





Each subject area uses additional software to support learning - this provides learning outside the classroom...

| Subject-Specific Software Packages to Support Study | | | | | |
|---|---|--|--|--|--|
| ENGLISH Mr Bruff's Video Guides (KS4) Spark Notes | MATHS <u>Corbett Maths</u> <u>Sparx Maths</u> | SCIENCE Educake | | | |
| GEOGRAPHY GCSEPod | HISTORY GCSEPod | RE Seneca Learning GCSE Bitesize GCSEPod | | | |
| LANGUAGES <u>Active Learn</u> <u>Active Hub</u> | MUSIC Music - BBC Bitesize BandLab: Make Music Online | VTC <u>BFI</u> <u>iAchieve</u> | | | |

GENERAL

Oak National Academy
GCSEPod
BBC Bitesize
Reading Plus



SUBJECT WEBSITES





We have researched the best apps that students can download to support their wellbeing...

MINDSHIFT

MindShift app is based on to help young adults cope with anxiety, by acting as a portable coach that guides users through challenging situations. Designed in collaboration with Anxiety Canada, this app teaches users how to relax and helps them identify active steps to directly face and take charge of their anxiety. The app provides a variety of methods for young people to respond to anxiety including; developing their knowledge of anxiety and symptoms, engaging in relaxation tasks, evaluating their level of anxiety in particular situations, developing realistic thinking patterns and changing behaviour.

Specific tools help users tackle issues such as improving their sleep quality, dealing with perfectionism, and handling conflict. These tools address everyday situations that contribute to increased levels of anxiety to help users change their overall relationship with anxiety. The goal is to help young people learn and practice anxiety coping skills.

MOODPATH

Moodpath is an interactive depression and anxiety screening program. This app tracks psychological, emotional and physical health over a two-week period in order to generate a personalised mental health assessment that users can discuss with their doctor or counsellor. The app also contains an educational component to teach users about the psychology behind their mood, signs of depression, and psychotherapy. It's one of the best apps that help youth and young adults with mental health struggles that include CBT and wellness.

HEADSPACE

Headspace: Guided Meditations and Mindfulness takes a calm, relaxed approach to bringing calm relaxation into the lives of adults and kids. Headspace app, aims to keep children "calm and focused" through short meditation exercises.

The app will help children fall asleep and wake up peacefully. It uses common meditation techniques like becoming aware of environmental sounds, breath awareness, breath counting, and more. Children can learn the basics of meditation and mindfulness. Children can follow the instructions and are reminded by the app to meditate each day. They can develop the habit of making time for personal growth and self-reflection in different situations, such as bedtime and waking up. It is also being used by mental health professionals and licensed therapists in medical sector.

SMILING MIND

Smiling Mind is designed to help people pressure, stress, and challenges of daily life. This app has a fantastic section on Mindfulness in the Classroom. An especially good choice for the younger users out there, as it was created specifically with students in mind. Smiling Mind offers programs for a variety of age groups, including 7-9, 10-12, 13-15, 16-18 and adults. The app has an easy-to-use interface for keeping track of your progress over time, both in terms of how many sessions you complete and how your emotions change.



WELLBEING APPS





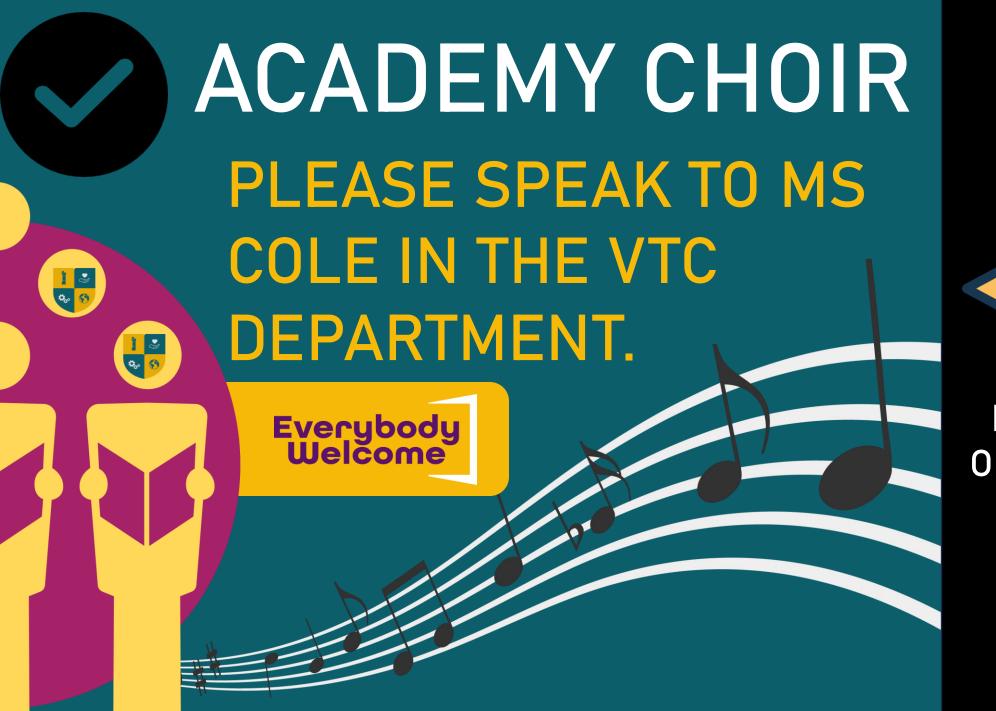
WE OFFER A RANGE OF CLUBS FOR FUN AND LEARNING THAT STUDENTS CAN TAKE ADVANTAGE OF...

| Day | Club | Location | Staff Lead |
|-----------|---|--|--|
| MONDAY | Netball Y7 – Y10 Homework Club – All years Cooking Club Table Tennis Algebra Level 3 – Invitation only | Sports Hall/ Astro 608 602 Gym 407 | HR/MHODFGCGEA/JDAMAS |
| TUESDAY | Wheelchair Basketball Club (invitation only) | Sports Hall | • SCU |
| WEDNESDAY | Homework Club Girls Football Choir Football YR 9/10 BSL club | 608 Astro 402 Field 803 | DTU External EC GEA/JDA DCR |
| THURSDAY | GCSE Art catch up KS4 Homework Club Football YR 7/8 Music Club All years KS4 Dance Sewing Club KS3 | 609 608 Field 402 DS 607 | LS NM GEA/JDA AM SMT KC |
| FRIDAY | • Climbing | • Gym | • LS |



EXTRA
CURRICULAR
CLUBS
AUTUMN
3PM-4PM







ADDITIONAL ENRICHMENT OPPORTUNITIES





Studying at Home to ensure improved life chances...

We have listened to your and your children's feedback regarding homework and as a result we have made some changes to our independent study expectations. We hope this will mean that the routine is clearer and simpler for all students and families to access while still ensuring all home study is effective in promoting progress.



INDEPENDENT LEARNING



Independent study is an integral part of learning for students to achieve the best possible outcomes. Not only is it important for students to get used to working at home so that they are able to prepare for the study skills necessary for their exams, but it is also a key skill required to cope with professional demands in many careers and industries.

Independent learning will always link to the curriculum studied in school with opportunities to consolidate and practise learning. We believe that this should not place an unnecessary burden on children or parents and carers.

To support this, Key Stage 3 homework will be linked to the key learning objectives in students' Knowledge Organisers so parents and carers have a clear overview of what is being practised. The additional resources section also has a variety of activities to further practise the knowledge and skills as required.

We hope you have seen that your child has already been bringing home a Knowledge Organiser each half-term.

Here, you will find the learning objectives for each half-term in each subject. These objectives will be assessed at the end of each sequence of learning to monitor progress and ensure students know their areas of development and next steps. Each subject will outline:

- Key Vocabulary: subject specific terms and definitions.
- Key Concepts: the core knowledge to be learnt and committed to memory.
- Retrieval Practice: questions and example answers to test and check knowledge through memory recall.
- Career Focus: potential careers and industries linked to the knowledge and skills studied.
- Challenge Activities: additional activities to further accelerate learning.
- Topic Links: other curriculum areas where this knowledge/skill supports learning.
- Additional Resources: support for embedding the key concepts independently.

Please see our website for access to the digital version of our Knowledge Organisers

https://newsomeacademy.co.uk/our-students/independent-study



INDEPENDENT LEARNING



Students will be expected to spend time learning the vocabulary and key concepts in their knowledge organiser and reading their accelerated reader book.

- Every student should spend 1hr per night completing learning and reading assignments as below.
- Every student should spend 20mins reading their book or Reading+ Text each night (Mon-Fri).
- Every student should spend 40mins learning the assigned section of their knowledge organiser each night (Mon-Fri) as per the homework timetable below.
- Each subject will explain to students which section of the knowledge organiser to complete.
- Learning will be evidenced in the student's independent learning log
- This will be evidence of practice using look, cover, say, write or other specified revision techniques to support memorisation such as labelling a diagram, completing a timeline etc.
- The learning will be assessed using low-stakes tests in class, e.g. vocabulary match-up, spelling test, labelling a diagram etc.
- Students can also access the additional learning and challenge activities listed in the knowledge organiser to further consolidate and embed their learning.
- Independent learning will be set as per the timetable below for each year group to ensure
 it is spread out across the week.
- Failure to complete homework to an acceptable standard will be recorded on Classcharts.



INDEPENDENT LEARNING

YEAR 7 YEAR 8 YEAR 9



Students will have homework set in Microsoft Teams. They can log in with their school email address and password (n###@newsomeacademy.co.uk). Here, they can connect with their class where their assignments will be posted along with helpful resources.

- Learning will be linked with exam preparation.
- Year 11s all receive a full set of revision guides to work through in addition to set homework.
- Please note the assessment calendar for the assessment and mock exams dates.



INDEPENDENT LEARNING

YEAR 10 YEAR 11





Independent learning will be set as per the timetable below for each year group to ensure it is spread out across the week. Failure to complete homework to an acceptable standard will be recorded on ClassCharts.

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------|---------------------|-----------------|-----------------|------------------|----------|
| Year 7* | 7NEW MFL | English | Science | Maths | 7SOM MFL |
| Year 8* | 8NEW MFL | 8SOM MFL | Maths | English | Science |
| Year 9* | MFL | Science | English | | Maths |
| Year 10 | English Option C | Maths | MFL Option D | Science | Hums |
| Year 11 | Maths | MFL Option D | English | Hums Option C | Science |

• Due to A/B Week timetables, classes in Years 7-9 will receive Hums and VTC homework at different times each week.



HOMEWORK CALENDAR





All Year 11 students are expected to take advantage of the additional revision sessions put on for them.

Staff give up their own time to do these and it is vital your child is attending and supported to attend.

Those that do not attend or show commitment to their studies have this reflected in Attitude to Learning Grades (ATL) and in College references.

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------|-------------|---------|-----------|----------|-----------|
| Week A | MFL/Bus (A) | English | Maths | Science | Options C |
| Week B | His/Geog | English | Maths | Science | Options D |

YEAR 11 PERIOD 6 SCHEDULE

Starts Week A w/c 18th November



YEAR 11 PERIOD 6



Year 11 November Mock Timetable



| | Week beginning 4th November (A) | | | | | |
|-------|-----------------------------------|--------------------------|---------------------------|-------------------------|-------------------|--|
| | Monday 4th Nov | Tuesday 5th Nov | Wednesday 6th Nov | Thursday 7th Nov | Friday 8th Nov | |
| P1 | Science 1H45/1H15 | Maths 1H30 | English Literature 45mins | English Literature 1H30 | Science 1H45/1H15 | |
| P2 | Science 1H45/1H15 | riadis 11150 | MFL Listening H45/F35 | | | |
| Break | | | | | | |
| P3 | History 41100 / Congress by 41100 | Science 1H (Triple only) | Duelages 41100 | Maths 1H30 | Food 1H30 | |
| P4 | History 1H30 / Geography 1H30 | | Business 1H30 | | | |
| Lunch | | | | | | |
| P5 | RE 1H | | | | | |

| | Week beginning 11th November (B) | | | | | |
|----------|----------------------------------|-----------------------|-----------------------------|-------------------|--------------------|--|
| | Monday 11th Nov | Tuesday 12th Nov | Wednesday 13th Nov | Thursday 14th Nov | Friday 15th Nov | |
| P1 P2 | RE 1H45/Health & Fitness 1H30 | English Language 1H45 | History 1H20 / Geography 1H | Science 1H45/1H15 | MFL Reading 1H/45M | |
| Break | | | | | | |
| P3 | | | Science 1H (Triple only) | | | |
| P4 | Science 1H (Triple only) | MFL Writing 1H20/1H15 | | Computing 1H | Maths 1H30 | |
| Lunch | | | | | | |
| P5 | | | | History 1H | | |

RESPECT | INTEGRITY | TEAMWORK | ASPIRATION



THEWANGUARD

REVISION GUIDE

BUNDLE

GET ALL THE GUIDES YOU NEED FOR EVERY

SUBJECT

JUST £30!

(80% discount)

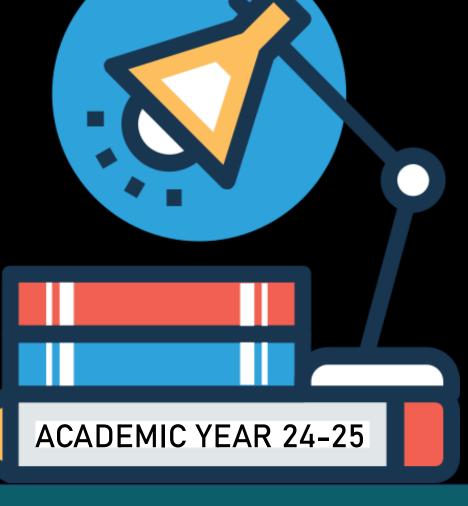


KNOWLEDGE ORGANISERS



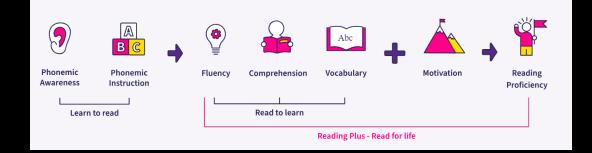


- 1. A TERMLY OVERVIEW OF KEY LEARNING.
- 2. KEY VOCABULARY LINKED TO STUDY.
- 3. REFERENCES TO ADDITIONAL LEARNING.
- 4. QUESTIONS TO CHECK & CHALLENGE YOUR LEARNING.



GUIDANCE FOR STUDENTS & FAMILIES TO SUPPORT STUDY THROUGHOUT THEIR NEWSOME CAREER JOURNEY...

LVVE READING!







READING PLUS – 5 X 20MIN SESSIONS PER WEEK

- IMPROVE VOCABULARY, FLUENCY & COMPREHENSION
- BOOST CONFIDENCE IN EXAMS
- DEVELOP A LOVE OF READING FOR LIFE



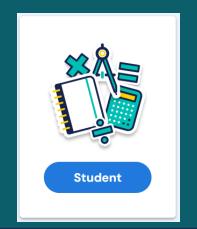


ACCELERATE PROGRESS AND ATTAINMENT BY DEVELOPING READING SKILLS FOR LIFE!

Maths home learning is set every week on Sparx maths. Here is a reminder of how to access Sparx. Click on the link here

Sparx Maths

Select



Select your school and then click on

Log in to Sparx using Microsoft 🚻

Your username and password are the same as your school log in

- Complete your compulsory homework first
- Then XP boost
- Want more? Try the Independent Learning and select a topic of your choice

Struggling to get online? Unsure how to help?

Mrs Burton is available for support with Sparx in Room 406 on Thursdays after school and Wednesday morning before lineups in 403



MATHS HOME LEARNING

