

The Kitchen Menu
Week 1

Monday

Sweet and sour Quorn chicken or vegetable Thai green curry.

Both served with egg fried rice, vegetable spring rolls, and a sweet chilli dip

Dessert of the day

Tuesday

Chicken burger or vegetable bean burger

Both served with corn on the cob, salad, and fried onions.

Wednesday

Sausages or Quorn vegetarian sausages

Both served with mash potatoes, peas, Yorkshire pudding, and gravy.

Dessert of the day

Thursday

Chicken curry or mixed bean and red lentil curry.

Both served with rice and a selection of Indian street food including onion bhajis, pakoras and samosas.
Served with Bombay potatoes and a chickpea salad

Friday

Selection of meat and vegetarian panini pizzas

Served with diced herb potatoes and coleslaw

The Kitchen Menu
Week 2

Monday

Macaroni cheese or Pasta Arabiatta
Both served with garlic bread and salad
Dessert of the day

Tuesday

Roast chicken dinner or vegetable pie
Both served Yorkshire pudding, roast potatoes, mixed vegetables and gravy

Wednesday

Beef or Quorn vegetarian lasagna
Both served with herb sauté potatoes, garlic bread and salad
Dessert of the day

Thursday

Peri peri chicken or vegetable tagine
Both served with orzo rice or cous cous

Friday

Battered fish or cheese omelette
Both served with chips, mushy peas
and chip shop curry sauce

The Kitchen Menu
Week 3

Monday

Quorn chilli or vegetable chilli burger
Both served with rice, nachos, salad and
sour cream
Dessert of the day

Tuesday

Pork, halal chicken or vegetarian
meatballs
All served with a tomato and garlic pasta

Wednesday

Steak and onion pie or cheese and leek
pie
Both served with herb potatoes, mixed
vegetables and gravy
Dessert of the day

Thursday

Caribbean jerk chicken or sweet potato
and roasted vegetable bake
Both served with spicy rice and coleslaw

Friday

Chicken strips or cheese and onion pasty
Both served with potato wedges, coleslaw
and sweetcorn corbettes